



Hillwalkers Club

March 2019 – May 2019

<http://www.hillwalkersclub.com/>

THE HILLWALKER



Tess enjoying the Holly Hike

In this edition

Hike programme: March 2019 – May 2019	1
<i>The pick-up points</i>	2
Club news and events	8
<i>The Knickeen Ogham Stone</i>	11
Club Environmental Policy Meeting	14
<i>Trip to Lambay Island</i>	15
Some hike photos	16

Committee 2018/19

Chairman	Ruaidhrí O' Connor
Treasurer	Ita O'Hanlon
Secretary	Sarah Jackson
Sunday Hikes Coordinator	Ruaidhrí O' Connor
Environmental Officer	Michael Quinn
Membership Secretary	Jim Barry
Club Promoter	Frank Carrick
Social Events Coordinator	Udo Sap
Social Events Assistant	Gavin Gilvarry
Weekend Away Coordinator	Søren Stuhr Mandrup
Training Officer	Russell Mills
Social Media Coordinator	Laura Grealish
Newsletter Editor	Mel O'Hara
Webmaster	<i>Special thanks to:</i> Matt Geraghty

HIKE PROGRAMME

March 2019 – May 2019

MEET: Corner of Burgh Quay and Hawkins St

DEPART: Sundays at 10.00 am (*unless stated otherwise*), or earlier if it is full.

TRANSPORT: Private bus (*unless stated otherwise*)

COST: €15.00 (*unless stated otherwise*)

2nd pick-up point: On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.

Return drop-off point: On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.

If you wish to avail of the 2nd pick-up point, it is advisable to contact the hike leader or someone else who will definitely be on the hike, to let them know.

GENERAL HIKE NOTES

PARTICIPATION Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

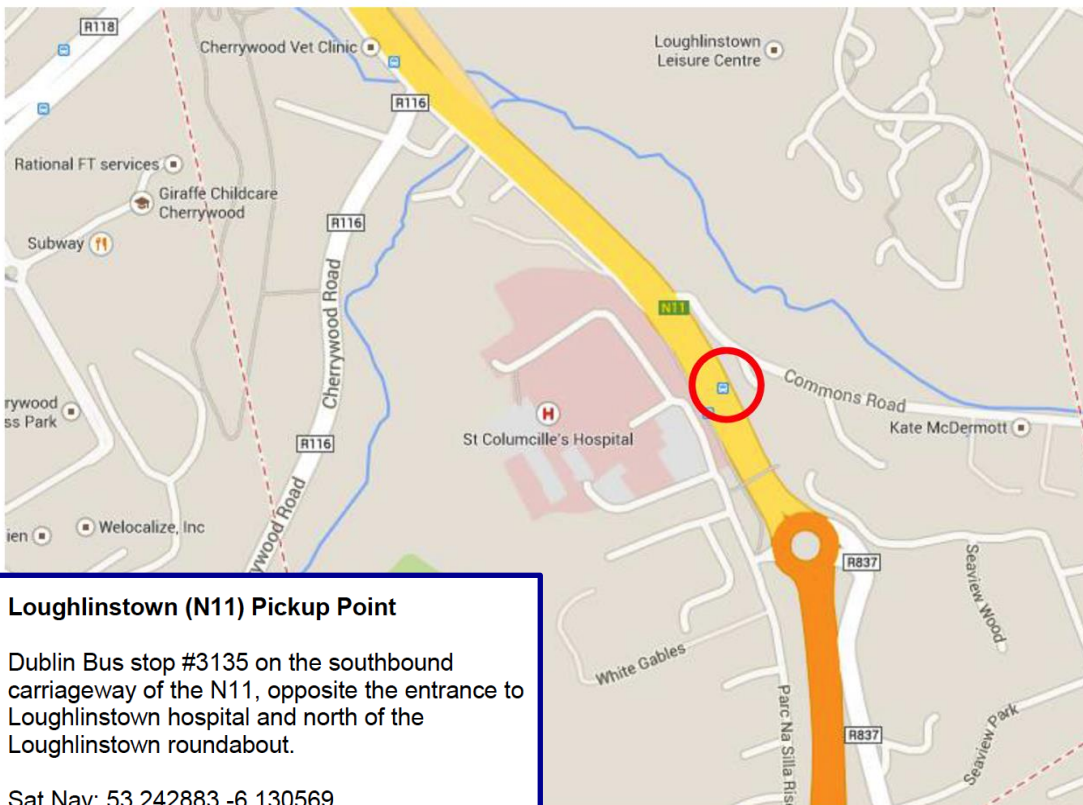
CO-ORDINATION If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

LEADER The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc.). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

EQUIPMENT It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

WALKING STICKS AND RUCKSACKS Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

The pick-up points



Loughlinstown (N11) Pickup Point

Dublin Bus stop #3135 on the southbound carriageway of the N11, opposite the entrance to Loughlinstown hospital and north of the Loughlinstown roundabout.

Sat Nav: 53.242883,-6.130569



Rathfarnham Castle (R115) Pickup Point

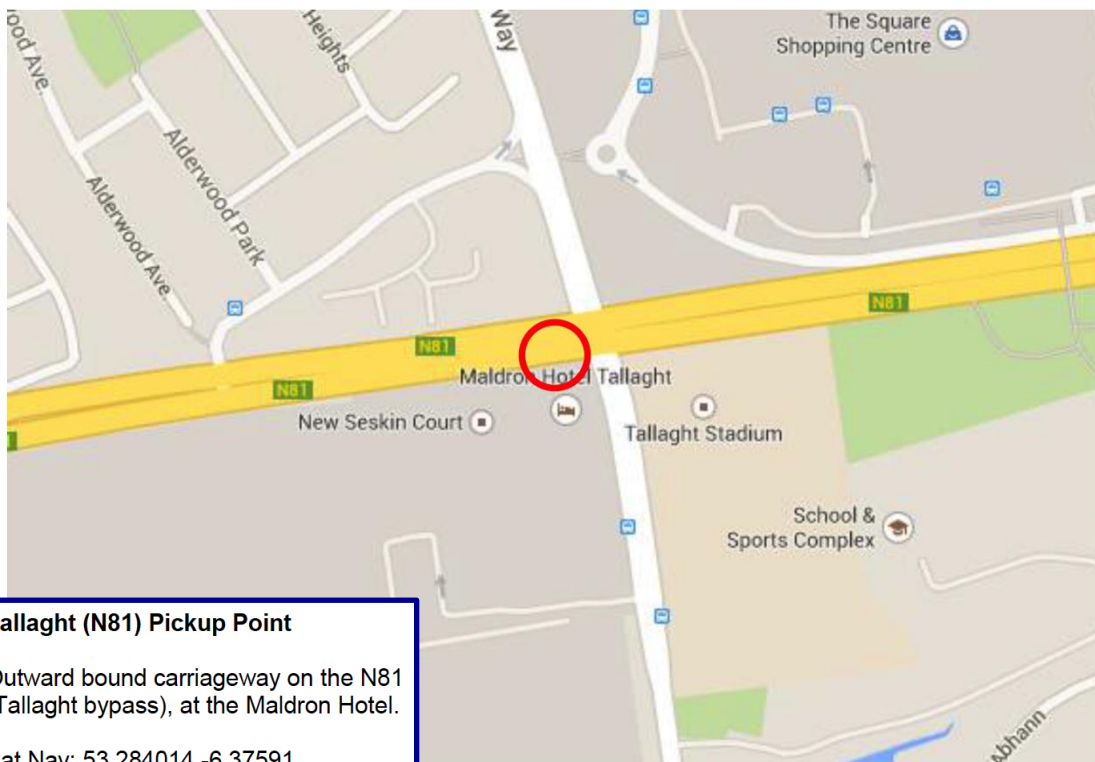
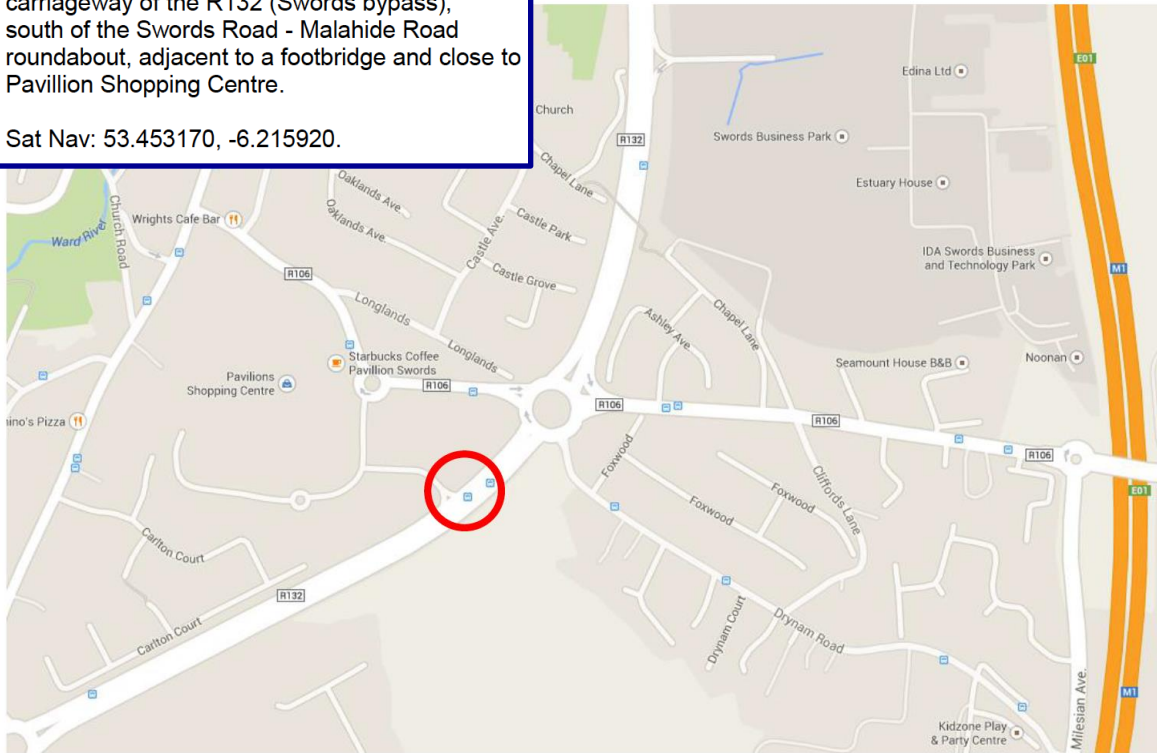
Dublin Bus stop #1304 on the southbound carriageway of the R115, close to Rathfarnham Castle and opposite Butterfield Ave.

Sat Nav: 53.29935,-6.28315

Swords (R132) Pickup Point

Dublin Bus stop #5074 on the northbound carriageway of the R132 (Swords bypass), south of the Swords Road - Malahide Road roundabout, adjacent to a footbridge and close to Pavillion Shopping Centre.

Sat Nav: 53.453170, -6.215920.



Tallaght (N81) Pickup Point

Outward bound carriageway on the N81 (Tallaght bypass), at the Maldron Hotel.

Sat Nav: 53.284014, -6.37591

★★ Club Taster hard hike ★★

The Hillwalkers Club offers a Club Taster Hard Hike, usually on one Sunday per month. Guests are welcome to join us on this hike, as long as they provide their name, address and contact details for our records, which will be taken on the day of the hike. Unless guests have their own personal hiking insurance, they are not insured. There is no need to book a place in advance, just turn up on the relevant Sunday morning. Guests can come on one hike without becoming a member of the club, but after that they must join the club.

Guests on these Club Taster hikes should not be newcomers to hiking. These hikes are to introduce experienced hillwalkers to the Hillwalkers Club and its hillwalking activities. Therefore, participants need to have a good level of personal fitness and, ideally, have some recent significant experience of hillwalking.

If you have recently walked more than 16km with more than 700m of ascent or if you are confident that you can walk for 6 hours over rough ground , ascending for 3 of those 6 hours, then you are likely to enjoy one of our hikes.

If this is not the case or if you are new to hillwalking then you can gain the required experience on the An Óige hikes.

See <https://anoige.ie/membership/hiking-programme/> for the An Óige hike programme.

People who have gained relevant experience and fitness on the An Óige hikes or elsewhere are very welcome on Hillwalkers Club hikes.

All intending participants should be aware that hillwalking and mountaineering are activities with a danger of personal injury or even death. By walking with the club, they are aware of and shall accept these risks. Moreover, they acknowledge that they wish to participate in club activities in a voluntary capacity and that they shall be responsible for their own actions and involvement. Please note that as guests of the club, they do not enjoy personal accident insurance, which is otherwise offered to club members through Mountaineering Ireland. Further details are available from Mountaineering Ireland (www.mountaineering.ie/membersandclubs/Insurance/default.aspx)

For further enquiries contact 086 356 3843

For Sunday hike leaders, the contact people for Mullally's Coaches are:-
Austin O'Hagan, 086 466 4680 -
James Mullally, 086 383 7495

Sunday 10th March

Leader: Tom Hennessy

2nd pick-up & return drop-off point:

Bus stop at Loughlinstown roundabout

Route: Glendalough - Derrybawn - Mullacor
- Wicklow Way - Drumgoff

Distance: 17 km **Ascent:** 630 m

Maps: OSI 56 , Harvey, East West Mapping
(Lugnaquilla and Glendalough)

Sunday 17th March

**Due to traffic restrictions for St
Patrick's Day**

No Club Hike

Sunday 24th March

Leader: Brian Madden

2nd pick-up & return drop-off point:

bus stop near Rathfarnham Castle,
Rathfarnham Road

Route: Ballinascorney Forest entrance -
Black Hill - Beehive Hut - Seahan - Corrig -
Seefingan - Seefin - Cloghleagh Forest -
Cloghleagh Bridge

Distance: 15 km

Ascent: 650 m

Maps: OS 50 with 56, East-West Mapping
(Dublin and North Wicklow Mountains)

Sunday 31st March

Leader: Tommy Lundy

2nd pick-up & return drop-off point:

Maldron Hotel, Tallaght

Route: Seefin - Seefingan - Corrig - Seehan -
Ballymorefin Hill - Tallaght Hill - Jobstown

Distance: 18 km **Ascent:** 750 m

Maps: OSI 50 with 56 , East West Mapping
(The Dublin & North Wicklow Mountains)

Sunday 7th April

****Club Taster Hike****

Leader: Dave McCann

2nd pick-up & return drop-off point:

Bus stop at Loughlinstown roundabout

Route: Stump of the Castle - Cronybyrne -
Trooperstown Hill - Trooperstown Bridge -
Laragh East -- Paddock Hill - Wicklow Way -
Laragh

Distance 16 – 17 km, **Ascent** 600 - 630m

Maps: OSI 56, East West Mapping
(Wicklow South East with Lugnaquilla and
Glendalough)

Sunday 14th April

Leader: Ruaidhri O'Connor

2nd pick-up & return drop-off point:
Maldron Hotel, Tallaght

Route: Snugborough Bridge - Sugar Loaf - Lobawn - Corriebracks - Church Mountain - Drumreagh - St Kevin's Way - Hollywood Village

Distance 18 km, **Ascent** 700 m

Maps: OSI 56, East West Mapping
(Wicklow Mountains West)

Sunday 21st April

**An Óige Easter Trip
to
Leitrim and Fermanagh**

No Club Hike

Sunday 28th April

Leader: Neville Ransome

2nd pick-up & return drop-off point:
Maldron Hotel, Tallaght.

Route: Ballynultagh gap * Ballynutagh wood * Mullaghcleevaun * Ballinagee river * Ballinagee wood * St.Kevins Way * Lead mines car park

Distance: 23 km **Ascent:** 620 m

Map: OSI 56. East West Mapping (Wicklow Mountains West)

SATURDAY

4th May

Day Hike in the Galtys

9a.m. departure from Burgh Quay

No second pick-up point

Optional dinner

at

Cahir House Hotel

(4 courses, 3 choices per course)

Return to Dublin by 10 pm

**Cost: €50, including bus and dinner
or**

€20 if not availing of dinner

****Advanced booking and
payment of a €20 deposit is necessary
as a minimum of 20 members are required
to ensure that the trip is viable****

Please contact

itaohdubs@gmail.com

regarding booking and payments

Leader: Simon More

Route : Clydagh Bridge, Slievecushnabinnia, Carrignabinnia, Lyracappul, Knockaterriff Beg & Temple Hill finishing approx. 2 km west of Kilbeheny

Distance: 16.5 km **Ascent:** 1000 m

Map: OSI 74

Sunday 12th May

*****Club Taster Hike*****

Leader : Michael Quinn

2nd pick-up point:

Maldron Hotel, Tallaght

Different return - via N11 and
Loughlinstown

Route: Sally Gap - Carrigvore - Gravale -
Duff Hill - Mullaghcleevaun East Top/ Stony
Hill - Carrigshouk - Military Road -
Carrigeenduff - Lough Dan - Oldbridge.

Distance: 17 kms **Ascent:** 700 m

Maps: OSI 56; East-West Mapping
(Wicklow Mountains West)

Sunday 19th May

*****JB Malone walk*****

**(finishing with refreshments
at Knockree hostel)**

Leader: Brian Flynn

2nd pick-up & return drop-off point:

Bus stop at Loughlinstown roundabout

Route: Pier gates - Wicklow Way - JB
Malone Memorial Stone - White Hill - Douce
- Coffin Stone - War Hill - Tonduff South -
Maulin - Crone Woods - Knockree Hostel.

Distance: 16 km **Ascent:** 540 m

Maps: OSI Sheet 56, East West Mapping
(Wicklow East); Harveys Wicklow
Mountains

Sunday 26th May

Leader: Mark Campion

2nd pick-up & return drop-off point:

Bus stop at Loughlinstown roundabout

Route: Glendalough Hotel - Camaderry -
Turlough Hill - Fair Mountain - Wicklow Gap
- Tonelegee - Brockagh Mountain –
Glendalough

Distance: 21 km **Ascent:** 1030 m

Maps: OSI Sheet 56, East West Mapping
(Lugnaquilla and Glendalough); Harveys
Wicklow Mountains

The Club Environmental Officer,
Michael Quinn
has arranged for
Helen Lawless,
Mountaineering Ireland's Hillwalking,
Access & Conservation Officer to meet and
address members at
The Teachers' Club, Parnell Square
at 7.30 p.m. on Wednesday 13th March
regarding Responsible walking and the crisis
of climate change in Irish mountains

[See Page 14 for event details](#)

[Outing to Lambay Island](#)

Club Social Events Coordinator, Udo Sap,
has arranged an outing to
Lambay Island
on Saturday 22nd June.

This is a great opportunity to access this
privately owned and very interesting island.

[See Page 15 for event details](#)

Club news and events continued

Dublin / Wicklow Mountain Meitheal Workdays 2019

Saturday 09/03/2019

Saturday 23/03/2019

Saturday 06/04/2019

Sunday 21/04/2019

Saturday 11/05/2019

Sunday 26/05/2019

Saturday 08/06/2019

Sunday 23/06/2019

Sunday 21/07/2019

Saturday 10/08/2019

Sunday 25/08/2019

Saturday 07/09/2019

Sunday 22/09/2019

Saturday 05/10/2019

Sunday 20/10/2019

Saturday 02/11/2019

Sunday 17/11/2019

Mountain Meitheal Ireland is the governing body for Mountain Meitheal branches who undertake projects to protect and conserve mountain and forest areas in Ireland.

They aim to counteract the pressures which are evident on our fragile landscape by building and maintaining trails which are sympathetic to the surrounding countryside.

They promote sustainable recreation by encouraging personal responsibility and awareness.

See www.mountainmeitheal.ie or www.pathsavers.org

and

<https://www.youtube.com/watch?v=dOpUdkvS3iE>

Challenge Walks 2019

Jim Holmes maintains an information page on challenge walks in Ireland on the MountainViews website - see

<https://mountainviews.ie/challengecalendar/>

Jim reported in the latest MountainViews newsletter that places on two of the more popular challenge walks, The Maumturks Challenge on the 6th April and The Blackstairs Challenge on May 18th, were fully booked within minutes of the on-line booking process opening.

The Lug Walk will take place on Saturday June 15th to avoid a clash with the Tom Crean Endurance walk on June 22nd – and this early date also happily avoids a clash with the club trip to Lambay Island.

DWMR Walk the Line

30th March 2019

Dublin Wicklow Mountain Rescue are running their “Walk the Line” fundraising event on Saturday 30th March 2019

see <https://www.popupraces.ie/race/walk-the-line-2019/>

This year the event consists of two route options: a 22 km loop and an 11 km loop. Both loops start and finish at the Glencullen Adventure Park, just up the road from Johnnie Fox's.

Please note that in addition to the €15 registration fee, participants are expected to raise sponsorship of at least €75 for DWMR

For a number of years the Dublin Wicklow Mountain Rescue Team have successfully run both night and day time hikes over the mountains, to fundraise for their life-saving activities

Ogham and the Knickeen Ogham Stone



The Knickeen Ogham Stone

The Knickeen Ogham Stone is located near Knickeen Cross Roads, at approximately S 983 948, about 2 kms from Fenton's Public House in The Glen of Imaal.

Knickeen Cross Roads is a popular hiking start/finish point and it provides a good opportunity to view an Ogham stone in its original location. The heart shaped granite stone stands around 2.4 metres above ground. There must be a considerable portion of the stone anchoring it below ground as it is believed to be standing there for at least 1600 years.

Ogham, pronounced Oham or Aum or Ogam - scholars differ regarding pronunciation - is an ancient alphabet which was used for writing in the oldest known form of the Irish language. It was used to inscribe standing stones which are found all over Ireland but particularly in counties Kerry and Cork.

The 25 symbol Ogham Alphabet

The first 20 symbols formed the original Ogham alphabet

More symbols were added later as a form of shorthand - particularly useful when the letter I or E was needed beside another vowel. as in "UI"

† A	┆ H	┆ B	┆ M	✱ EA
≡ O	≡ D	≡ L	≡ G	◊ OI
≡ U	≡ T	≡ F	≡ NG	┆ UI
≡ E	≡ C	≡ S	≡ ST	✱ IA
≡ I	≡ Q	≡ N	≡ R	≡ AE

A modern stone, located in Carlingford showing 13 Ogham symbols and their associations



Hillwalkers' Club

***** SPECIAL MEMBERS MEETING *****

On introducing an inclusive environment policy

Teachers' Club

Club na Múinteoirí
36 Parnell Square West
Dublin 1

7.30 p.m. on Wednesday
13th March 2019

SPEAKER:

Helen Lawless

Hillwalking, Access & Conservation Officer
Mountaineering Ireland

**'Responsible walking and the crisis of climate
change in Irish mountains'**

Questions * Answers * Discussion*

Open to all members

*****LAMBAY ISLAND*****

Saturday 22nd of June

Fancy a trip to Lambay?

Due to the success of the trip in 2012, the club has arranged another rare chance to visit this privately owned island 4kms off the coast of Dublin.

We'll have a guided tour of the largest Island off the East coast for up to 14 people where they'll have the opportunity to see various farm animals, wallabies, wild deer, seals and a wide variety of maritime wildfowl including gannets.

Also we'll see the gardens and the Edwin Luytens designed castle of Lord Revelstoke plus other interesting architectural and historical remains.

Date: Saturday 22nd of June.

Time: 11.15 am

Departure Point – Harbour Marine Malahide

Cost: €85 p.p.

Full payment required to secure booking.

**ALL booking payments to be made before Thursday
12th of June 2019.**

To avail of one the very LIMITED places available please contact me immediately at udosap@gmail.com for information on how to make the booking payment.

ALWAYS include your name with electronic payments please

First come , first served- so don't delay if interested.

Some Hike Photos



Don leads the way up Church Mountain on the Holly Hike, December 16th



Above - The group approaches Church Mountain summit on the Holly Hike



Tom looks a little concerned about El Warro on Church Mountain – Holly Hike



The Group as it neared Hollywood – Photo – Don Reilly



And there was an unexpected visitor waiting at The Hollywood Inn



All the female participants on the Jan 6th Hike – Nollaig na mBan



The lassies AND the lads on the Nollaig na mBan hike, 6th January.



And some “Real” Hillwalkers ventured out with Søren on March 3rd – *Photo Laura Grealish*



Gavin on Søren's hike on March 3rd – *Photo Laura Grealish*