



Hillwalkers Club

July - Sept 2017

<http://www.hillwalkersclub.com/>

# THE HILLWALKER



*Liz, Matthew and Celia on War Hill – Photo Brian Madden*

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## Committee 2016/17

|                              |  |
|------------------------------|--|
| Chairman                     | Russell Mills                              |
| Treasurer                    | Ita O'Hanlon                               |
| Secretary                    | Martin Keane                               |
| Sunday Hikes Coordinator     | Simon More                                 |
| Environmental Officer        | Frank Carrick                              |
| Membership Secretary         | Jim Barry                                  |
| Club Promoter                | James Cooke                                |
| Weekend Away Coordinator     | Vacant                                     |
| Club Social Coordinator      | Vacant                                     |
| Assistant Social Coordinator | Gavin Gilvarry                             |
| Training Officer             | Russell Mills                              |
| Newsletter Editor            | Mel O'Hara                                 |
| Webmaster                    | <b>Special thanks to:</b><br>Matt Geraghty |

## HIKE PROGRAMME

March 2017 – April 2017

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**MEET:** Corner of Burgh Quay and Hawkins St

**DEPART:** Sundays at 10.00 am (*unless stated otherwise*), or earlier if it is full.

**TRANSPORT:** Private bus (*unless stated otherwise*)

**COST:** €15.00 (*unless stated otherwise*)

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**2nd pick-up point:** On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.

**Return drop-off point:** On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.

If you wish to avail of the 2<sup>nd</sup> pick-up point, it is advisable to contact the hike leader or someone else who will definitely be on the hike, to let them know.

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## GENERAL HIKE NOTES

**PARTICIPATION** Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

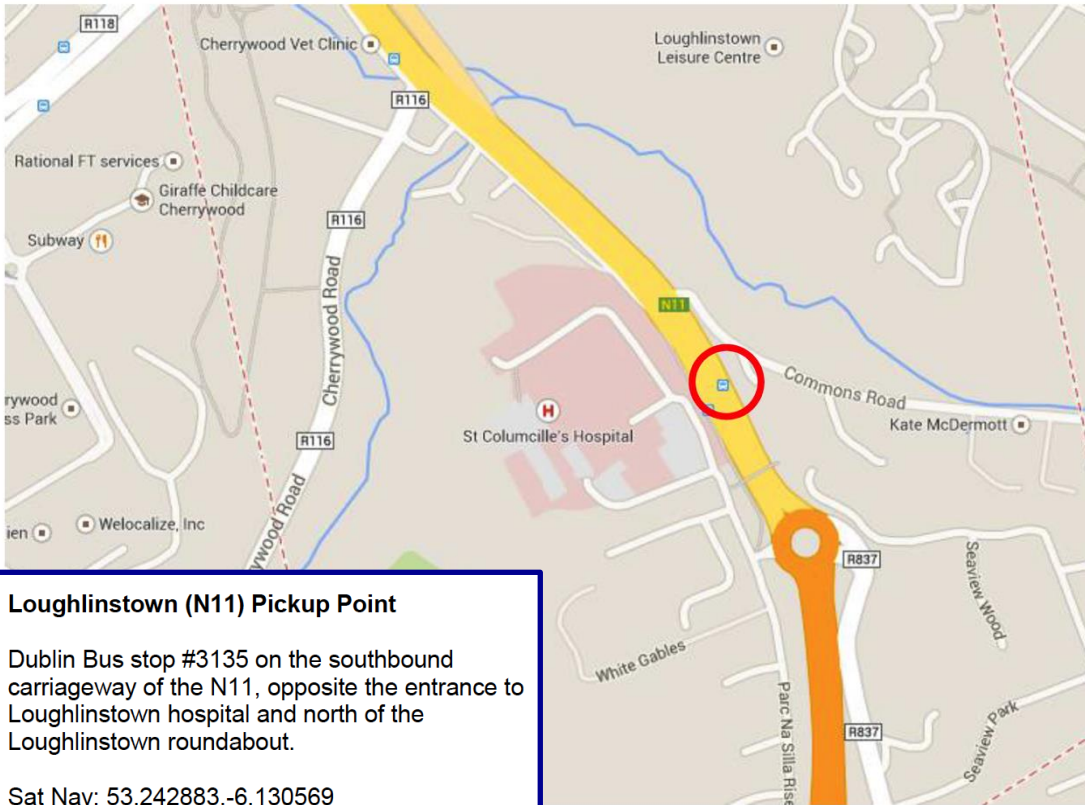
**CO-ORDINATION** If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

**LEADER** The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc.). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

**EQUIPMENT** It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

**WALKING STICKS AND RUCKSACKS** Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

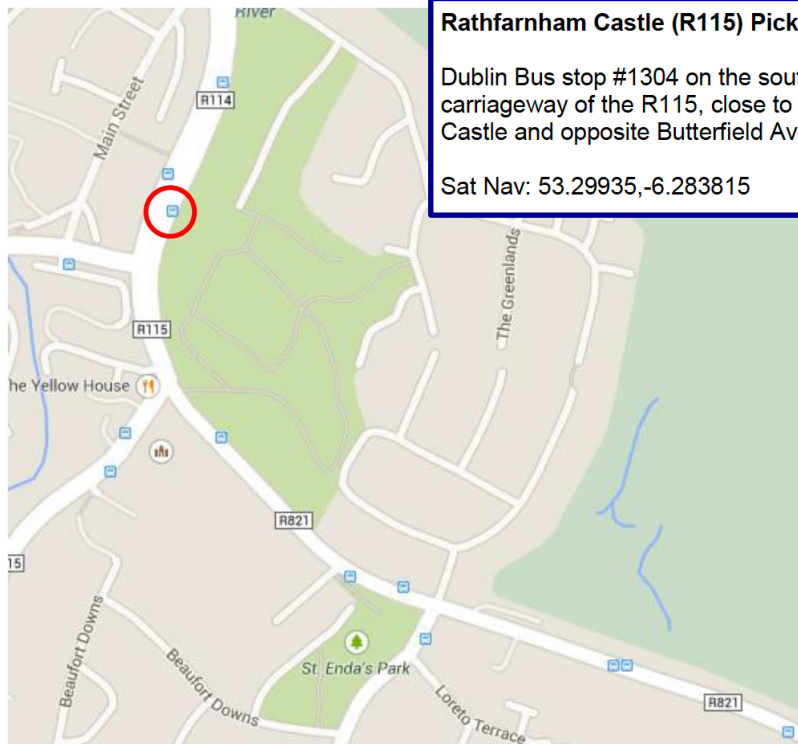
# The pick-up points



**Loughlinstown (N11) Pickup Point**

Dublin Bus stop #3135 on the southbound carriageway of the N11, opposite the entrance to Loughlinstown hospital and north of the Loughlinstown roundabout.

Sat Nav: 53.242883,-6.130569



**Rathfarnham Castle (R115) Pickup Point**

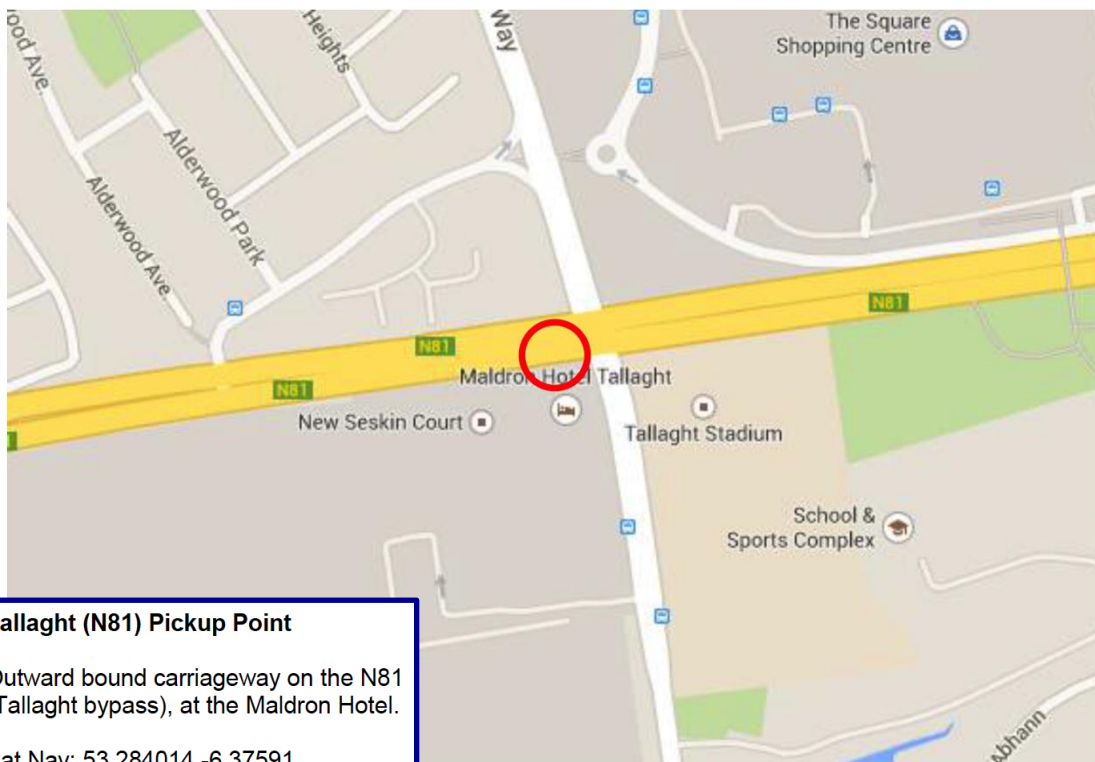
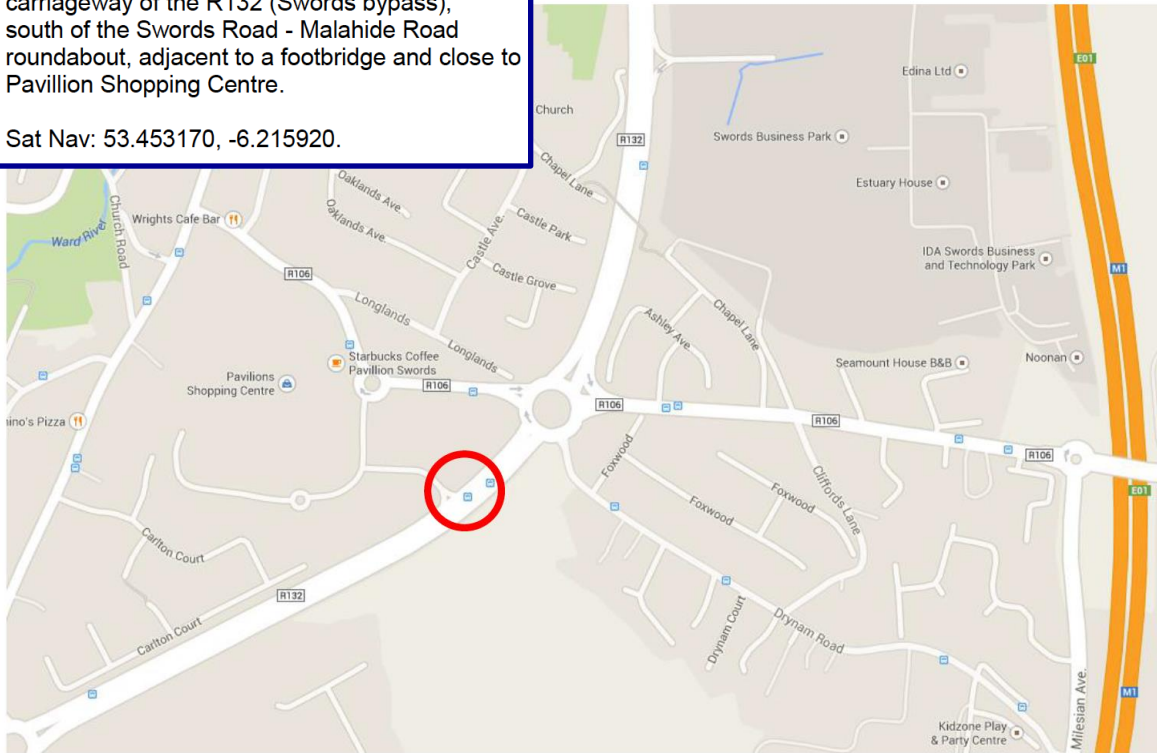
Dublin Bus stop #1304 on the southbound carriageway of the R115, close to Rathfarnham Castle and opposite Butterfield Ave.

Sat Nav: 53.29935,-6.28315

**Swords (R132) Pickup Point**

Dublin Bus stop #5074 on the northbound carriageway of the R132 (Swords bypass), south of the Swords Road - Malahide Road roundabout, adjacent to a footbridge and close to Pavillion Shopping Centre.

Sat Nav: 53.453170, -6.215920.



**Tallaght (N81) Pickup Point**

Outward bound carriageway on the N81 (Tallaght bypass), at the Maldron Hotel.

Sat Nav: 53.284014, -6.37591

## ★★ *Newcomers hard hike* ★★

The Hillwalkers Club offers a Newcomers Hike, usually on one Sunday per month. Guests are welcome to join us on this hike, as long as they provide their name, address and contact details for our records, which will be taken on the day of the hike. Unless guests have their own personal hiking insurance, they are not insured. There is no need to book a place in advance, just turn up on the relevant Sunday morning. Guests can come on one hike without becoming a member of the club, but after that they must join the club.

Even though the name of these hikes is 'Newcomers Hike', participants should not be newcomers to hiking. These hikes are to introduce non-members to the Hillwalkers Club and its hillwalking activities. Therefore, participants need to have a good level of personal fitness and, ideally, have some recent significant experience of hillwalking.

All intending participants should be aware that hillwalking and mountaineering are activities with a danger of personal injury or even death. By walking with the club, they are aware of and shall accept these risks. Moreover, they acknowledge that they wish to participate in club activities in a voluntary capacity and that they shall be responsible for their own actions and involvement. Please note that as guests of the club, they do not enjoy personal accident insurance, which is otherwise offered to club members through Mountaineering Ireland. Further details are available from Mountaineering Ireland ([www.mountaineering.ie/membersandclubs/Insurance/default.aspx](http://www.mountaineering.ie/membersandclubs/Insurance/default.aspx))

*For further enquiries contact 086 356 3843*

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**For Sunday hike leaders, the contact people for Mullally's Coaches are:**  
- Austin O'Hagan, 086 466 4680 - James Mullally, 086 383 7495

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**Saturday 22<sup>nd</sup> July**

**CLUB BARBEQUE**

**\*\*\*SATURDAY HIKE\*\*\***

**\*\* Finishing at the Glencree Centre  
for the Club BBQ \*\***

**Bus leaving Burgh Quay at 10.00**

**\*\* Back in Dublin about 9.30 pm \*\***

**Leader : Frank Rooney**

*[Jim Barry will be leading a hike for hard  
moderates, to also finish at Glencree]*

**2nd pick-up & return drop-off point:** Bus  
stop before roundabout at Loughlinstown

**Route:** Glencree \* Featherbeds \* Kilakee Mtn  
\* Cruagh Mtn \* Glendoo Mtn \* Knocknagun  
Mtn \* Prince William's Seat \* Oldboleys \*  
Glencree

**Distance:** 15 kms **Ascent:** 450 m

**Map:** OSI 56, East West Mapping  
(Dublin and North Wicklow Mountains)

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**Sunday 30<sup>th</sup> July**

**\*\*Tinahely walk\*\***

**Leader:** Dave McCann

**2nd pick-up & return drop-off point:**  
Bus stop at Loughlinstown roundabout

**Route:** Kilcommon Bridge (T042721) \*  
Railway Walk \* Rosbane \* Garryhoe Lane \*  
Doctor's Cross (T043751) \* Wicklow Way \*  
Curravanish \* Muskeagh Boreen \* The Four  
Bounds \* Hadden's Hill \* Tinahely

**Distance:** 18.5 km **Ascent:** 530 m

**Map:** OSI 62, local maps bespoke to  
Tinahely (see relevant maps in  
[www.Tinahely.ie](http://www.Tinahely.ie))

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**Sunday 6<sup>th</sup> August**

**No Club Hike**

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**Sunday 13<sup>th</sup> August**

**No Club Hike**

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**Sunday 20<sup>th</sup> August**

**No Club Hike**

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## Sunday 27<sup>th</sup> August

**Leader:** Udo Sap

**2nd pick-up & return drop-off point:**

Maldron Hotel, Tallaght

**Route:** Rathnabo \* Sorrel Hill \* Ballynultagh Gap \* Black Hill \* Billy Byrne's Gap \* Moanbane \* Shileshawn \* Ballyknocken (Lake View Lounge).

**Distance:** 18 km **Ascent:** 790 m

**Maps:** OSI 56, East West Mapping (Wicklow Mountains West)

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## Sunday 3<sup>rd</sup> September

**Leader:** Damian McDonald

**2nd pick-up & return drop-off point:**

Bus stop at Loughlinstown roundabout

**Route:** Laragh \* Clare Vale \* Avonmore Way \* Stump of the Castle \* Rathdrum \* Avondale \* Meetings of the Waters

**Distance:** 20 km **Ascent:** 480 m

**Map:** OSI 56 & 62

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## Sunday 10<sup>th</sup> September

**\*\*Newcomers Hard Hike\*\***  
**\*\*Walk in the Cooley Peninsula\*\***  
**\*\*Normal €15 bus fare \*\***

**Leader:** Frank Rooney

**2nd pick-up & return drop-off point:**

Pavilions Dublin Bus Stop on the by-pass (just before the turn for the Pavilions and footbridge on the city side)

**\*\*Bus will only stop at the second pick-up point if you advise Frank (087 988 6520) beforehand\*\***

**Route:** Flag staff \* Anglesey Mt \* Clermont \* Black Mt \* Cairnwaddy \* The Castel \* The Round Mt \* Ravensdale

**Distance:** 15 km **Ascent:** 500 m

**Maps:** OSI 36

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## Sunday 17<sup>th</sup> September

**Leader:** Søren Stuhr Mandrup

**Dublin Bus 16 to Ballinteer from D'Olier Street at 10:00 a.m.**

**Return - Dublin Bus 44 from Enniskerry**

**Route:** Wicklow Way from Marley Park \* Kilmashouge Lane \* Three Rock \* Fairy Castle \* Glencullen \* Boranaraltry Lane \* Wicklow Way \* Prince William's Seat \* Ravens Rock \* Ballybrew \* Knocksink Woods \* Enniskerry

**Distance** 24 km, **Ascent** 330 m

**Maps:** East West Mapping ( Dublin and North Wicklow), OSI 50 & 56

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## Sunday 24<sup>th</sup> September

**Leader :** Warren Lawless

**2nd pick-up & return drop-off point:** Bus stop before roundabout at Loughlinstown

**Route:** starting near Sheepshank Bridge \* up Piper's Brook \* Djouce \* Dargle Bridge \* Maulin \* Glencree River \* Oak Glen \* Knockree hill \* Finish near hostel

**Distance:** 17 kms **Ascent:** 680 m

**Map:** OSI 56, East West Mapping (Dublin and North Wicklow Mountains)

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## Sunday 1<sup>st</sup> October

**Leader:** Mel O'Hara

**2nd pick-up point :** Rathfarnham  
**Different Return drop-off point:**

**Route :** \*Military Road O137 088 \* Luggala \* Knocknacloghoge \* Kanturk \* Scarr \* Paddock Hill \* Laragh to Annamoe road at T162 966 Near Parks and Wildlife office

### TWO RIVER CROSSINGS

**Distance:** 19 km **Ascent:** 800 m

**Map:** OSI 56, East West Mapping Wicklow Mountains West

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## October Weekend Away in Mournes

Simon More and Chris Byrne are organising a weekend away to the Mournes over the October bank holiday weekend, see page 19 for additional details

### PLEASE NOTE

**The weekend's walks are only suitable for fit walkers (those who regularly walk either with the Hillwalkers or the An Óige hard moderate walking group)**

**The committee has decided that, regrettably, other walkers cannot and will not be accommodated on the hikes**

**Places are limited on this trip so early booking is advisable**

### AGM 2017

The club AGM will be held at The Teacher's Club, Parnell Square on Thursday, October 26th 2017 at 20.00

## The Club Barbeque

The Club Barbeque will be held at Glencree on 22<sup>nd</sup> July  
As in previous years, all friends, members and previous members, walking or not, are very welcome to attend. See page 18

Hike details are as in hike programme

## **Fundraising Disco**

The fundraising disco that Terry Cartin organised in the Teacher's Club in May raised €1,500 and this was divided equally between the Capuchin Day Centre and The Mountain Lodge Restoration Project. The Hillwalkers Club contributed €300 towards the food for the event. Terry wishes to express his gratitude to all those who attended, made contributions or helped out on the night in any way.

## **Congratulations**

Congratulations are extended to all the club members who completed the recent 40<sup>th</sup> Anniversary Lug Walk organised by the Irish Ramblers Club. The Lug Walk is 52 kms in length with 2,300 metres ascent.

The hiking phenomenon known as Tom Milligan has completed the Lug Walk route an amazing 81 times which adds up to 4,212 kms with 186.3 kms of ascent.

## **Club membership**

**Club membership can be taken out and renewed on the club website see**

**<http://www.hillwalkersclub.com/membership-application-form.php>**

**If you have any difficulty using this facility please contact**

**Membership Secretary, Jim Barry, [barryja@eircom.net](mailto:barryja@eircom.net)**

A current Hillwalkers Club membership card is a requirement for participation in the Sunday hikes **NO CARD – NO HIKE**

*Guests may sample only one hike before taking out club membership*

## Membership Survey Results

The committee extends its thanks to the 57 members who participated in the membership survey and wants to especially thank Sarah Jackson for her work compiling the survey and collating the results which are shown below.

The committee is grateful for the feedback received and is pleased that the survey results indicate that, in general, the club seems to be meeting the requirements of the membership.

| <b>Q1 Distance of Sunday Hikes</b>                       |                  |          |
|--|------------------|----------|
| <b>Do you think the distance of the Sunday hikes are</b> | <b>Responses</b> | <b>%</b> |
| About right?   | 53               | 93%      |
| Too Long?  | 2                | 3.5%     |
| Too Short?   | 2                | 3.5%     |

| <b>Q2 Pace of Sunday Hikes</b>                           |                  |          |
|--|------------------|----------|
| <b>Do you think the distance of the Sunday hikes are</b> | <b>Responses</b> | <b>%</b> |
| About right?   | 44               | 77%      |
| Too fast?  | 6                | 11%      |
| Too slow   | 7                | 12%      |

| <b>Q3 Ascent of Sunday Hikes</b>                       |                  |          |
|--|------------------|----------|
| <b>Do you think the ascent of the Sunday hikes are</b> | <b>Responses</b> | <b>%</b> |
| About right?   | 47               | 82%      |
| Too little?  | 7                | 12%      |
| Too much   | 3                | 5%       |

| <b>Q4 On a scale of 1 (poor) to 5 (excellent) how do you rate the general standard of our Sunday Hikes?</b> |                  |          |
|---|------------------|----------|
|   | <b>Responses</b> | <b>%</b> |
| 2   | 2                | 4%       |
| 3   | 4                | 7%       |
| 4   | 31               | 54%      |
| 5   | 20               | 35%      |

## Membership Survey Results continued

| <b>Q5 Club Christmas Party Options</b>   |                  |          |
|--|------------------|----------|
| <b>Which option would you prefer for the Christmas Party</b>   | <b>Responses</b> | <b>%</b> |
| A less formal Christmas party night in Dublin?   | 26               | 46%      |
| Continue as before (i.e. overnight stay with two days hiking and sit down dinner followed by a disco)? | 24               | 42%      |
| No Christmas party but retain the Holly Hike?  | 7                | 12%      |

| <b>Q6 Quantity of weekends and trips away</b>                        |                  |          |
|--|------------------|----------|
| <b>Regarding weekends away and trips away does the club organise</b> | <b>Responses</b> | <b>%</b> |
| Not enough?  | 25               | 44%      |
| Quantity is about right?   | 31               | 54%      |
| Too many?  | 1                | 2%       |

| <b>Q7 Weekends away – Leadership and Organisation</b>                |                  |          |
|--|------------------|----------|
| <b>Would you be prepared to organize and/or lead a weekend away?</b> | <b>Responses</b> | <b>%</b> |
| No, I would not be prepared to organize or lead a weekend away       | 37               | 65%      |
| Yes, I am prepared to lead a hike on a weekend away                  | 12               | 21%      |
| Yes, I am prepared to organise a weekend away                        | 5                | 9%       |
| Yes, I could both organise and lead a weekend away                   | 3                | 5%       |

| <b>Q8 Shorter trips</b>  |                  |          |
|--|------------------|----------|
| <b>Should the club organise shorter trips away e.g. to Galtees, Comeraghs or Mourne with 1 overnight stay on a Saturday night?</b> | <b>Responses</b> | <b>%</b> |
| No   | 8                | 14%      |
| Yes  | 49               | 86%      |

## Membership Survey Results continued

| Q9 E-mail communications quantity   |           |     |
|---|-----------|-----|
| Regarding amount of email communications from the club do you think you receive | Responses | %   |
| Quantity is about right?  | 46        | 81% |
| Too many?   | 11        | 19% |

| Q10 Weekly hike reminder e-mail              |           |     |
|--|-----------|-----|
| Do you read the weekly hike reminder e-mail? | Responses | %   |
| No   | 6         | 11% |
| Yes  | 51        | 89% |

| Q11 E-mail communications content           |           |    |
|---|-----------|----|
| Does the weekly hike reminder email contain | Responses | %  |
| About the right amount of information?      | 35        | 61 |
| Not enough information?                     | 2         | 4  |
| Too much information?                       | 20        | 35 |

| Q12 Newsletter readership   |           |     |
|-----------------------------|-----------|-----|
| Do you read the newsletter? | Responses | %   |
| No                          | 2         | 4%  |
| Yes, always                 | 29        | 51% |
| Yes, often                  | 11        | 19% |
| Yes, sometimes              | 15        | 26% |

| Q13 Newsletter content (1)             |           |     |
|--|-----------|-----|
| Does the newsletter contain            | Responses | %   |
| About the right amount of information? | 53        | 93% |
| Not enough information?                | 2         | 4%  |
| Too much information?                  | 2         | 4%  |

## Membership Survey Results continued

| Q14 Newsletter content (2)                                     |           |     |
|--|-----------|-----|
| What is the most useful/informative content in the newsletter? | Responses | %   |
| General club information                                       | 11        | 19% |
| Hike Programme   | 37        | 65% |
| Weekends away  | 7         | 12% |
| All of the above   | 2         | 4%  |

| Q15 Future of the newsletter   |           |     |
|--|-----------|-----|
| Should the newsletter continue in its current format or should it be discontinued? | Responses | %   |
| Continue in the current format   | 46        | 81% |
| It is no longer needed, weekly hike email and Facebook are sufficient              | 5         | 9%  |
| Produce only the hike programme and post on the website                            | 6         | 11% |

| Q16 Bereavement notices  |           |     |
|--|-----------|-----|
| Should the club inform the general membership by e-mail when a member suffers a bereavement? | Responses | %   |
| No, not appropriate to send a general email  | 21        | 37% |
| Yes, with a short message expressing sympathy  | 18        | 32% |
| Yes, with funeral arrangements if possible   | 18        | 32% |

| Q17 Membership fees  |           |     |
|--|-----------|-----|
| Total membership fees are currently €60 (€35 Hillwalkers & €25 An Oige)<br>Do you think that this is | Responses | %   |
| About right?   | 46        | 81% |
| Too much?  | 11        | 19% |

## Membership Survey Results continued

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| <b>Q17 Membership fees</b>   |                  |            |
|--|------------------|------------|
| <b>Total membership fees are currently €60<br/>(€35 Hillwalkers &amp; €25 An Oige)<br/>Do you think that this is</b> | <b>Responses</b> | <b>%</b>   |
| <b>About right?</b>  | <b>46</b>        | <b>81%</b> |
| <b>Too much?</b>   | <b>11</b>        | <b>19%</b> |

| <b>Q18 Mountain Rescue Donation</b>  |                  |            |
|--|------------------|------------|
| <b>The club makes an annual contribution of €500 to<br/>Mountain Rescue. Do you think that this is</b> | <b>Responses</b> | <b>%</b>   |
| <b>About right, remain at €500?</b>  | <b>42</b>        | <b>74%</b> |
| <b>Too little?</b>   | <b>12</b>        | <b>21%</b> |
| <b>Too much?</b>   | <b>3</b>         | <b>5%</b>  |

| <b>Q19 Membership of the committee</b>              |                  |            |
|---|------------------|------------|
| <b>Would you be prepared to join the committee?</b> | <b>Responses</b> | <b>%</b>   |
| <b>Maybe in the future</b>                          | <b>32</b>        | <b>56%</b> |
| <b>No, it does not interest me</b>                  | <b>22</b>        | <b>39%</b> |
| <b>Yes, right away</b>                              | <b>3</b>         | <b>5%</b>  |

## Photos from Peter Gillet's Hike May 7th



*Resting on Djouce Photo – Brian Madden*



*Leaving Djouce Photo – Brian Madden*



*On Maulin – Sugarloaf in the distance Photo – Brian Madden*



*On Maulin Photo – Brian Madden*

#  
**HILLWALKERS CLUB ANNUAL SUMMER BBQ**

**SATURDAY 22<sup>nd</sup> July AT THE GLENCREE  
RECONCILIATION CENTRE.**



**BUS FROM BURGH QUAY AT 10AM,  
HIKE FIRST & BBQ LATER. (5.30PM)**

**To book your place please e-mail Eugene Dudley  
at  
[dudleye@hotmail.com](mailto:dudleye@hotmail.com)  
and let him know if you intend taking the club  
bus or are using private transport**



## October long weekend 2017

# Walking in the Mournes

*Friday 27-Monday 30 October*

**Leaders:** Simon More and Chris Byrne

*\*\*\*The weekend's walks are only suitable for fit walkers (those who regularly walk on Sundays either with the Hillwalkers or the An Óige hard moderate walking group)\*\*\**

*\*\*The committee has decided that, regrettably, other walkers cannot and will not be accommodated on the hikes\*\**

There will be two organised walks each day (for Hillwalkers and for hard moderates)

The walks are planned throughout the Mourne mountains. The relevant map is either OSNI's Mourne Country Outdoor Pursuits Map or Harvey's Mourne Mountains map, each 1:25,000 scale

**Hotel accommodation:** Donard Hotel, Newcastle, Co. Down

**Cost:** €275, payable in full at the time of booking, which includes twin-share hotel accommodation, meals and bus transport. You will need sterling for any purchases (including lunches) over the weekend.

**Bookings open for Hillwalker members on Monday 4<sup>th</sup> September**  
**Bookings for other An Óige members open on Monday 11<sup>th</sup> September**

Payment for the weekend is through the Club's PayPal system. Please go to the Club website ([www.hillwalkersclub.com](http://www.hillwalkersclub.com)) then click on 'Event Booking' (towards the bottom of the left list), selecting 'October long weekend' to pay €275 in full. *Bookings are not secure until payment in full has been made.*

Payment queries to the Club Administrator: Ita O'Hanlon, [itaohdubs@gmail.com](mailto:itaohdubs@gmail.com).

**Meals:** Breakfasts (Saturday, Sunday, Monday) and dinners (Friday, Saturday and Sunday) are included in the price [*Lunch can be purchased each day at nearby shops*]

**Bring:** Suitable walking boots, rain gear, walking gear, warm clothing, towels, toilet gear, flask, torch, first aid kit, camera, binoculars etc

**Meeting place/time:** Luke St (off George's Quay) at 1545h on Friday 27 October

**Return:** Arriving back into Dublin at approximately 1800h on Monday 30 October

Photo: "Mournes wiki". Licensed under CC BY-SA 3.0 via Commons - [https://commons.wikimedia.org/wiki/File:Mournes\\_wiki.jpg#/media/File:Mournes\\_wiki.jpg](https://commons.wikimedia.org/wiki/File:Mournes_wiki.jpg#/media/File:Mournes_wiki.jpg)