



Hillwalkers Club

April 2016 - June 2016

<http://www.hillwalkersclub.com/>

THE HILLWALKER



Descent from Lugnaquilla on Frank Keoghan's recent hike

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Committee 2015/16

Chairman	Russell Mills
Treasurer	Ita O'Hanlon
Secretary	Mel O'Hara
Sunday Hikes Coordinator	Simon More
Environmental Officer	Adriana Alvarez Sanchez
Membership Secretary	Jim Barry
Club Promoter	Eugene Dudley
Administrator	Ita O'Hanlon
Club Social Coordinator	Eugene Dudley
Training Officer	Russell Mills
Newsletter Editor	Mel O'Hara

Special thanks to:

Webmaster

Matt Geraghty

HIKE PROGRAMME

January 2016 – March 2016

MEET: Corner of Burgh Quay and Hawkins St

DEPART: Sundays at 10.00 am (*unless stated otherwise*), or earlier if it is full.

TRANSPORT: Private bus (*unless stated otherwise*)

COST: €12.00 (*unless stated otherwise*)

2nd pick-up point: *On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.*

Return drop-off point: *On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.*

If you wish to avail of the 2nd pick-up point, it advisable to contact the hike leader or someone else who will definitely be on the hike, to let them know.

GENERAL HIKE NOTES

PARTICIPATION Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

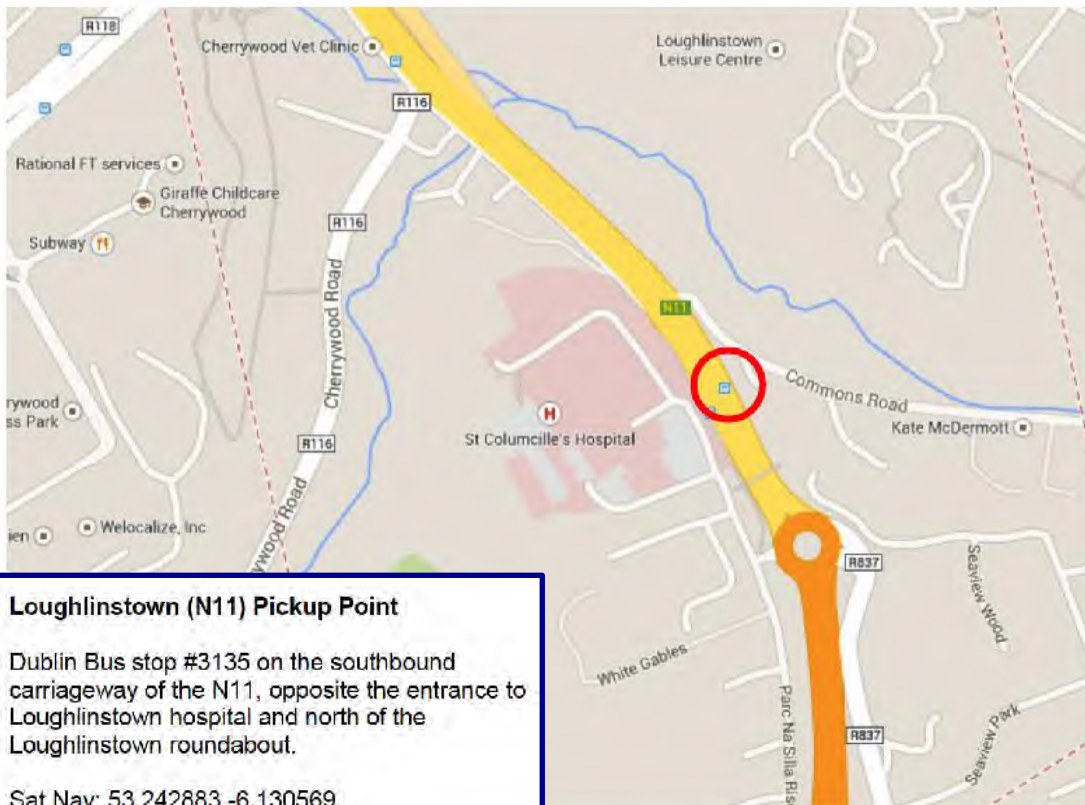
CO-ORDINATION If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

LEADER The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc.). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

EQUIPMENT It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

WALKING STICKS AND RUCKSACKS Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

The pick-up points



Loughlinstown (N11) Pickup Point
Dublin Bus stop #3135 on the southbound carriageway of the N11, opposite the entrance to Loughlinstown hospital and north of the Loughlinstown roundabout.
Sat Nav: 53.242883,-6.130569

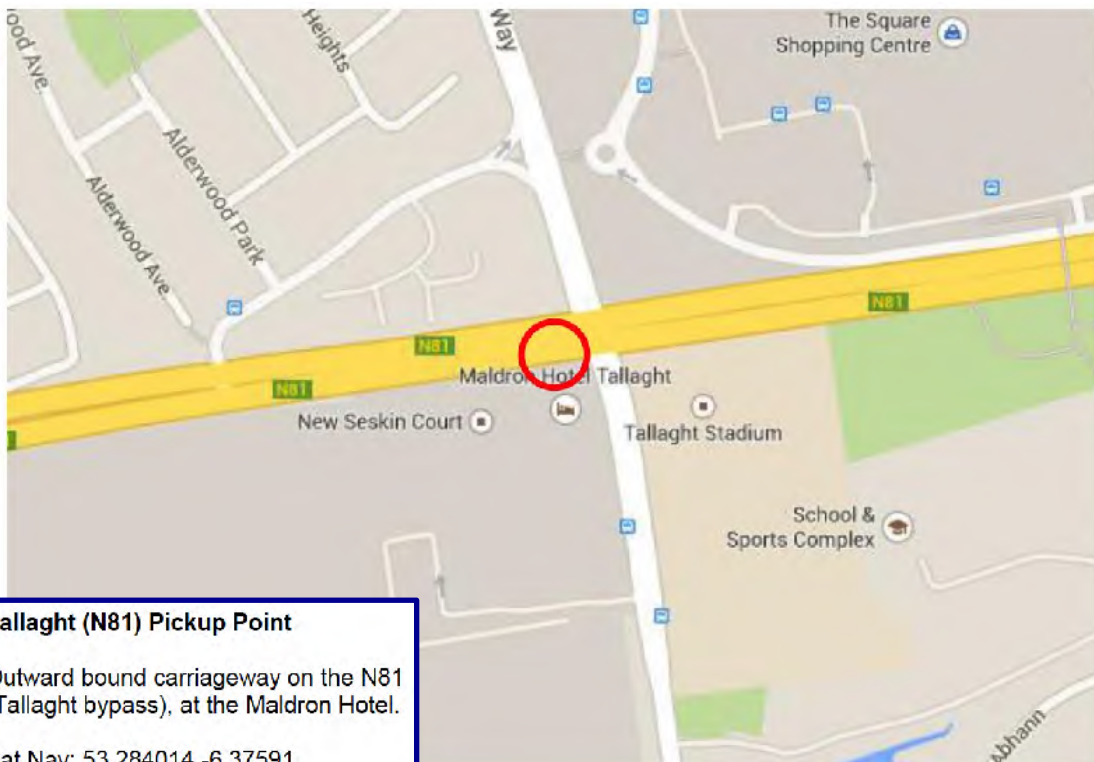


Rathfarnham Castle (R115) Pickup Point
Dublin Bus stop #1304 on the southbound carriageway of the R115, close to Rathfarnham Castle and opposite Butterfield Ave.
Sat Nav: 53.29935,-6.283815

Swords (R132) Pickup Point

Dublin Bus stop #5074 on the northbound carriageway of the R132 (Swords bypass), south of the Swords Road - Malahide Road roundabout, adjacent to a footbridge and close to Pavillion Shopping Centre.

Sat Nav: 53.453170, -6.215920.



Tallaght (N81) Pickup Point

Outward bound carriageway on the N81 (Tallaght bypass), at the Maldron Hotel.

Sat Nav: 53.284014, -6.37591

★★ Introductory hard hike ★★

The Hillwalkers Club offers an Introductory Hike, usually on one Sunday per month. Guests are welcome to join us on this hike, as long as they provide their name, address and contact details for our records, which will be taken on the day of the hike. Unless guests have their own personal hiking insurance, they are not insured. There is no need to book a place in advance, just turn up on the relevant Sunday morning. Guests can come on one hike without becoming a member of the club, but after that they must join the club.

Even though the name of these hikes is 'Introductory Hike', they should not be considered to be an introduction to hiking, but rather as an introduction to the Hillwalkers Club and its hillwalking activities. Therefore, participants need to have a good level of personal fitness and, ideally, have some prior experience of hillwalking.

All intending participants should be aware that hillwalking and mountaineering are activities with a danger of personal injury or even death. By walking with the club, they are aware of and shall accept these risks. Moreover, they acknowledge that they wish to participate in club activities in a voluntary capacity and that they shall be responsible for their own actions and involvement. Please note that as guests of the club, they do not enjoy personal accident insurance, which is otherwise offered to club members through Mountaineering Ireland. Further details are available from Mountaineering Ireland

(www.mountaineering.ie/membersandclubs/Insurance/default.aspx)

For further enquiries contact 086 356 3843

For Sunday hike leaders, the contact people for Mullally's Coaches are:

- Austin O'Hagan, 086 466 4680 - James Mullally, 086 383 7495 Micheál Martin, 085 102 2204

Sunday 3rd April 2016

Leader: Dave McCann

2nd pick-up & return drop-off point:

Bus stop before roundabout at Loughlinstown

Route: Stump of the Castle * Cronybyrne *

St. Patrick & St. Killian's Chapel of Ease *

Claramore * Ballylug * Trooperstown Hill *

Trooperstown Bridge * Laragh East *

Paddock Hill * Wicklow Way * Laragh

Distance: 17 km **Ascent:** 650 m

Map: OSI 56 , East West Mapping
(Wicklow Mountains East)

Sunday 10th April 2016

Leader: Warren Lawless

2nd pick-up point: Bus stop before roundabout at Loughlinstown

Different Return

Route: Oldbridge * Kanturk * Carrigshouk *

Mullach Cliabháin East Top * An Cnoc Dubh

* Gravale * Carrigvore * Sally Gap.

Distance: 14 km **Ascent:** 1030 m

Maps: OSI 56, East West Mapping
(Wicklow Mountains West)

Sunday 17th April 2016

**** Introductory Hard Hike ****

Leader: Philip Hayden

2nd pick-up & return drop-off point:

Bus stop before roundabout at Loughlinstown

Route: Clara Bridge * Cronybyrne * Trooperstown Hill * Paddock Hill * Annamoe

Distance: 20 km **Ascent:** 570 m

Maps: OSI 56, East West Mapping
(Wicklow Mountains East)

Sunday 24th April 2016

****A Carlingford walk**
Special bus price of €15**

2nd pick-up & return drop-off point:

Swords (R132) Pickup Point

Dublin Bus Stop #5074 on the northbound carriageway of the R132 (Swords Bypass), south of the Swords Road – Malahide Road roundabout, adjacent to a footbridge close to the Pavilion Shopping Centre.

Drop off point is bus stop opposite on southbound carriageway

Leader : Chris Byrne

Route: Windy gap (grid ref. 131 136) * Foxes rock * Ravens rock * Split rock * White bog * Eagles rock * Carlingford Mtn * Slieve Foy * Barnavave * Famine village * Rooskey loop* Carlingford

Distance: 13 km **Ascent:** 700 m

Map: OSI 36

Sunday 1st May 2016

****A Mount Leinster walk**
Special bus price of €15**

Leader: Brian Madden (085 756 5490)

**Stopping for evening meal, to be back in Dublin about 10pm.
Monday is a Bank Holiday!**

2nd pick-up point:

Luas station at Red Cow Roundabout

Different Return

Route: Halfway House (GR888527) * Mullawn * Black Rock Mtn * Mount Leinster * Stoolyen * Knockroe * Sculloge Gap (GR288477)

Distance: 14.5 km **Ascent:** 650 m

Maps: OSI 68,
East West Mapping Blackstairs

Sunday 8th May 2016

Leader: Gary Byrne

****Travelling by Dublin Bus****

Meeting at 9.45am at D'Olier Street, catching the 44 bus to Enniskerry, (*Exact Fare €3.30, or Leap Card*) or catch the 44 on the way.

Travelling back from Ballinteer on the 16 bus to town

Route: Enniskerry * Bog Meadow * Knocksink * Ballybrew * Boranaraltry * Two Rock * Three Rock * Kilmashogue * Marley Park * Ballinteer

Distance: 22 km **Ascent:** 560 m

Maps: OSI 50 & 56 East West Mapping
(Dublin & North Wicklow Mountains)

Sunday 15th May 2016

Leader: Ruaidhrí O'Connor

2nd pick-up & return drop-off point:

Maldron Hotel, Tallaght

Route: Dwyer McAllister Cottage * Keadeen * Slieveragh * Ballinabarney Gap * Ballinfoyale * Ballinceddan * Slievemaan * Muddy Floor * Camarahill * Fentons

Distance: 18.5 km **Ascent:** 1000 m

Maps: OSI 56 & 62, East West Mapping (Lugnaquilla and Glendalough)

Sunday 22nd May 2016

**** Introductory Hard Hike ****

***** Slieve Blooms *****

**** A special price of €15 for the bus ****

**** No 2nd pick-up or drop-off point ****

Leader : Mel O'Hara (085 198 1248)

Route: Capard Wood * Glenbarrow * Ridge of Capard * Capard Wood.

Start and finish at N383 086, entrance to Capard Wood near Rosenallis, Co Laois

Distance: 16.5 km **Ascent:** 600 m

Map: OS 54

Sunday 29th May 2016

****The J.B Malone walk, finishing with afternoon tea at the Knockree Hostel****

Leader: Simon More

2nd pick-up point: Rathfarnham Castle

Different Return

Route: Tibbradden * Fairy Castle * Two Rock * Glencullen * Knocknagun * Prince William's Seat * Ravens Rock * Knockree * Knockree Hostel

Distance: 16 kms **Ascent:** 750m

Maps: OSI 50 & 56, Harvey, East West Mapping (Dublin & North Wicklow Mountains)

Club news and events

Eugene has organised a lively calendar of social events beginning with a “Haunted Tour of Dublin” on the evening of Thursday April 7th - see page 13

He follows this with a ceili at the Teacher’s Club, Parnell Square, on the evening of Friday 13th May see page 15 for details

Not content with resting on his laurels, he is also organising a barbeque in Glencree on Saturday 9th July.

The biennial Ring of Imaal walk will be held on Saturday, 25th June this year, see pages 17, 18 & 19. The hike being led by Ruadhri on May 15th includes some of the Ring of Imaal route.

Trips away 2016

A trip to Scotland early in May has been organised, details are on Page 13. Please note that the weekend concerned is NOT the May Bank Holiday weekend. A limited number of places are still available on this trip.

Inés and José are organising a trip to Picos de Europa, an area in Northern Spain during July. Members were informed of this trip by e-mail and the trip is now full with a waiting list in operation

At present there is no weekend away trip planned for the June Bank Holiday weekend. A day trip to The Galtees is being planned for Saturday, June 4th, with the bus leaving Dublin at 09.00 rather than the usual 10.00 departure time

Training Opportunities

Club Training officer Russell Mills is arranging Mountain Skills / Map & Compass training for club members on weekends in August and November – August 13th/14th and November 5th/6th. There will be a maximum of 6 people participating on the training weekends. Please contact Russell mountaintrails.ie@gmail.com for additional information

Club news and events continued

Club membership

A current (**GREEN**) Hillwalkers Club membership card is a requirement for participation in the Sunday hikes **NO CARD – NO HIKE**

Membership cards are checked before boarding the bus.

Thank you for your co-operation and support with the membership card checking.

Guests may sample only one hike before taking out membership

Club membership can now be taken out and renewed on the club website

see

<http://www.hillwalkersclub.com/membership-application-form.php>

and membership for 2015 – 2016 has been open from 1st September 2015

If you have any difficulty using this facility please contact

Membership Secretary, Jim Barry, barryja@eircom.net

Always Welcome

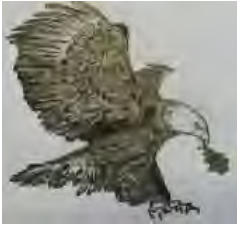
**Good photos for inclusion on Hillwalkers Club Facebook Page
and / or in Newsletter**

Please send photos to Eugene

dudleye@hotmail.com

or Mel

melohara@eircom.net



Environmental News



Hi Hillwalkers,

With the onset of spring, most evident signs of life can be noticed on the hills. Look out for frog spawn in the ice free ponds. The common frog (*Rana temporaria*) is the only species of frog found in Ireland, and it is listed as an internationally important species. Despite the fact that female frogs lay eggs in high numbers, frogs are in serious decline due to heavy predation, habitat loss and disease. As they need an unpolluted environment to survive, frogs are a great indicator of ecosystem's health and all sightings should be recorded. The Irish Peatland Conservation Council (IPCC) welcomes everyone to take part in the National Frog Survey Ireland. The survey form can be found [here](http://www.ipcc.ie/help-ipcc/hop-to-it-national-frog-survey-irelandcard/). <http://www.ipcc.ie/help-ipcc/hop-to-it-national-frog-survey-irelandcard/>

Also, in relation to protecting our wildlife, Warren Lawless, a fellow hillwalker, asked me to review Section 40 of the Wildlife Act. This Act is about restrictions on the destruction of hedges and vegetation on uncultivated land from 1st March to 31st of August. These restrictions apply to the cutting, grubbing, burning or destruction by other means of vegetation during the nesting and breeding season for birds, and other wildlife during the above closed period.

The provisions of section 40 are not just about protecting breeding birds, but also to prevent forest fires, to protect vegetation and wildlife habitats, and to enhance ecosystem services such as pollination, which in turn supports food webs.

In Ireland, where there is a low cover of native woodland, hedges are of exceptional importance as they provide habitats for many species of animals and plants. They also act as natural corridors for wildlife to travel along them. In general, untrimmed, thorned hedgerows containing shrubs such as blackthorn, whitethorn, holly, briars and brambles are favored by birds, as they provide protection from predators. Many of Ireland's breeding birds are originally woodland birds and especially in areas of low woodland cover these birds are dependent on hedgerows.

Some sort of management of hedges, will be however needed for health and safety reasons, and landowners are obliged to ensure that trees, shrubs etc. are not a hazard to road users for example. These exemptions are already accounted for under section 40, and therefore, no other activity should be carried out during the closed period. If you notice any suspicious activities, please bring this to the attention of the Gardai or to the local Conservation Rangers of the National Parks and Wildlife Service (NPWS). Your local NPWS office can be found through the NPWS website at <http://www.npws.ie/contact-us>.

You may also have heard of the Heritage Bill 2016. This Bill includes proposals to manage hedge cutting and burning within the limited period, however this is not in force. The legislation has not been passed by the Oireachtas at this time. Therefore, the current restrictions under section 40 still apply.

Adriana Alvarez Sanchez
Environmental Officer

15 Top tips for trouble free navigation in poor visibility

Text and Photo - Russ Mills, Club Training Officer.



Being able to navigate accurately in misty conditions is one of the most important skills you can learn as a hillwalker. Mountain Rescue teams are regularly called out to hikers who have become disorientated by poor visibility in the mountains. Always carry a map and compass, and have the skills to use them.

However, even the best navigators can make mistakes. By following the tips given below you can avoid making some of the common navigation errors and minimise the chances of becoming disorientated in the mountains.

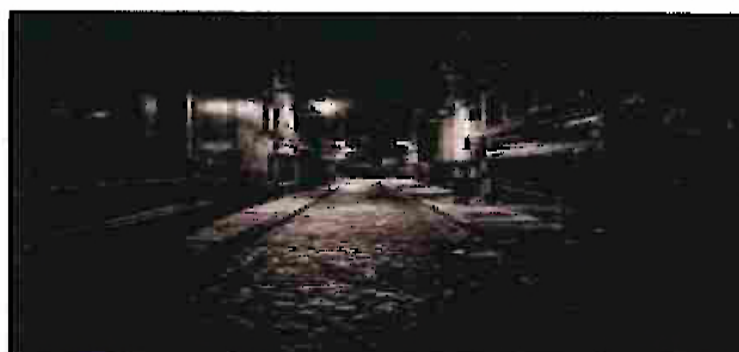
1. In poor visibility, always take a bearing from a summit to determine your direction of onward travel. You may think you know the right direction to go, but a short distraction for a photograph or a rummage in your pack and you can quickly become disorientated and head off the wrong way. Taking a bearing from the map will ensure you leave the summit in the direction you intended to.
2. Always estimate your bearing first. For example, if your intended direction of travel is approximately due east, then the bearing will be in the region of 270° . If it is not then you know you have made an error, and need to check it again.
3. Remember to allow for magnetic variation, this usually means a small adjustment by adding a few degrees to your bearing. The magnetic variation differs depending on your location, you can find it somewhere in the margins of your map, usually in the legend. Check it out before you leave home and remember it, or write it down on your route card.
4. Write down any important bearings that might be needed during the day. This will avoid fiddly compass work in a possibly wet and windy location, and will reduce the chance of errors. You can write them into your route card. This is your overall route for the day, broken down into a series of 'navigation legs', with the essential information such as distance, bearings, height gain and escape routes, written down in the form of a chart.

5. Make sure you keep your compass away from magnetic and metallic objects at all times, and especially when taking and walking on a bearing. They will deflect the needle in the compass and lead to navigational errors you won't be able to correct later. Long term exposure of your compass to a magnetic source, such as your mobile phone, can result in permanent damage and reversed polarity of the needle, so store your compass in a location well away from your phone and other electronic devices.
6. When placing the compass on the map to take a bearing, remember to face the direction of travel arrow on the baseplate AWAY from your current position and TOWARDS your target. This will avoid the classic error of the bearing being 180° out.
7. Accuracy is everything when taking a bearing, a small error in your measurement can lead to you missing your target completely in poor visibility. This is especially true over longer distance 'legs' as the error margin increases the further you travel.
8. Keep your map and compass flat (horizontal) when taking your bearing. Better still, go down on one knee for a more stable position with some protection from the wind and rain, rest your map on the non kneeling leg.
9. To ensure you are not wandering off your bearing it can be useful, while your start point is still in view, to take a back bearing. Turn to face your start point and line up the *white* end of the needle with the orienting arrow, rather than the *red* end. The direction of travel arrow should now be pointing at the start point. If it is not move sideways until it does, you are now on the right bearing and can turn back to face your travel direction.
10. Remember to measure the distance from your start point to the target. You can now pace this distance, or time it with your watch, to know when you should be at the target point.
11. Make sure the orientation arrow of the compass is pointing north when you are taking a bearing, have the top of the map, which always points to grid north, facing away from you. If you inadvertently line up the orienting arrow pointing south, the bearing will again be 180° out, an estimation of the bearing as above will soon pick this up.
12. If you struggle to manipulate the compass housing when wearing bulky gloves, try wearing lightweight liner gloves underneath. You can then remove the outer gloves and use your compass while still giving your hands some protection from the weather.
13. It's a good idea to keep a timing card in your pocket or somewhere handy. This has written on it the time it takes to walk over a range of distances at a variety of walking speeds. It will speed up your calculations and help eliminate errors when you might be cold and tired on the mountain.
14. You should try to have up to three features of your target location that you can identify to help you confirm you are in the right place. A further feature, called a 'catching feature' should be identified from the map, and will tell you when you have overshot the target.
15. If things don't look right and you are entirely unsure about your position, you can line up the white end of the needle with the orienting arrow. The direction of travel arrow on the compass housing will now point back the way you have just come. You can follow this back to your starting point, (your last known position), and begin the process over again.

HELLO WALKERS, ARE YOU READY FOR THE SCARIEST WALK OF YOUR LIFE????



TAKE A WALK THROUGH THE EERIE, COBBLED STREETS OF DUBLIN (IF YOU DARE) AND UNCOVER THE DARKEST TALES FROM THE UNDERBELLY OF THIS CITY.



Do you know the truth about the burning of the 18th century madam Darkey "The Witch" Kelly? Hear the tragic tale of The Green Lady of St. Audoen's and how Dublin's "Hell" got its name.



This unique tour covers the more macabre and gruesome aspects of Dublin's history as well as tales of the supernatural which have frightened Dubliners for centuries



Price: €10 each (for groups of 10 +) o/w €13 each

Meeting Point: Meet Dame St beside City Hall (opposite Eddie Rockets)

Date: 7th of April

Departure Time: 8pm

Those interested please contact: Eugene Dudley on dudleye@hotmail.com



Finish Location: Fortunately the tour finishes outside The Brazen Head Pub; you may need something to calm your nerves



Glencoe Panorama - photo by Superbass

Early May 2016 - Trip to Scotland

Will ye gang tae the hielands?

Thursday May 5th - Monday May 9th

Based in Onich, between Glencoe and Fort William

Leaving Dublin Airport early on Thursday May 5th and returning late on Monday May 9th for 5 days walking

The walks programme will depend on weather conditions but will be suitable for all fit members of the Hillwalkers Club.

Accommodation will be in self-catering chalets at Onich. There is a pub/restaurant on site and supermarkets nearby.

**Approximate costs per person for accommodation and transport (by hired car) within Scotland are €240 .
Flights and meals will be extra.**

Limited number of places still available

Please contact Mel O'Hara, 085 198 1248 or melohara@eircom.net for flight and other details.



HILLWALKERS CLUB SOCIAL EVENT

Friday 13th May 2016 Teachers Club

(36 Parnell Square West)

Céilí Mór

with Live music

Starting time @ 8.00pm

Light refreshments will be served

Ticket Price: €10 at the door

(Any surplus generated will be donated to charity)

Fáilte roimh gach éinne/All welcome!

Get your brógaí on & dance the night away.

Don't know the moves - don't worry,

we'll show you how!

Enquiries to Eugene info@hillwalkersclub.com or 085 7363780

SAVE THE DATE

HILLWALKERS CLUB ANNUAL SUMMER BBQ

**SATURDAY 9th July AT THE GLENCREE
RECONCILIATION CENTRE.**



**BUS FROM BURGH QUAY AT 10AM,
HIKE FIRST & BBQ LATER. (5.30PM)**

BOOKING DETAILS TO FOLLOW.

**For more information contact Eugene
dudleye@hotmail.com**



Ring of Imaal Challenge Walk Saturday 25th June 2016

The Ring of Imaal Challenge Walk, under the auspices of An Óige, the Irish Youth Hostel Association, is taking place on Saturday 25th June 2016

The walk will start and finish at Donard Primary School, Donard Village, Glen of Imaal.

Registration Time – 07.00 to 08.15 only

Entry Fee - €25

The event, which can take from 8 to 11 hours to complete, is for experienced and fit hillwalkers with competent navigation skills

Route: Donard Village, Davidstown, Keadeen, Ballinfoyle, Ballynabarney Gap, Ballincedden, Slieve Maan, Lugnaquilla, Camenabulogue, Table Track, Table Mountain, Wexford Gap, Kavanagh's Gap, Lobawn, Track to Bolton's Yard, Donard Primary School . (35 kms with 1800m of ascent approximately)

PARTICIPANTS MUST REACH TABLE TRACK BEFORE 17.00

Checkpoints – Donard Primary School, Base of Keadeen, Summit of Keadeen, Ballynabarney, Slieve Maan, Lugnaquilla, Table Track, Lobawn, Donard Primary School.

PLEASE NOTE –The walk route may be altered without advance notice at the discretion of the organising committee for safety or other reasons.

Certificates of participation will be awarded to all walkers who present their completed checkpoint card at Donard Primary School provided it has been certified by an authorised official at all checkpoints

Completed application forms with entry fee (cheque or postal order, no cash please) should be posted to

Ring of Imaal 2016, c/o An Óige Head Office, 61 Mountjoy Street, Dublin 7.

For additional information :-

Please contact James Barry, barryja@eircom.net or 087 2737 338 (evenings only)



An Óige Ring of Imaal Marathon Walk 2016

Saturday, 25th June, 2016

Conditions of Entry

1. It is a condition of entry that all persons taking part do so at their own risk.
2. Participants are not to undertake this marathon walk, if they have any known serious ailment or are on any form of medication that could hinder their ability to undertake the walk safely without possible risk to health and wellbeing. If in any doubt, this matter should be raised with your doctor.
3. Participants must commence the walk between 7.00am - 8.15am.
4. Walkers who have not arrived at the Table Track Checkpoint before 5.00pm must withdraw from the walk.
5. Walkers must advise a steward of their intention to withdraw from the walk and should surrender the entry card at this point. Participants must confirm their safe return in Donard by reporting back to the Control Centre at Donard Primary School prior to leaving for home.
6. A *Certificate of Participation* will be issued to participants who complete the walk before 8.00pm on presentation of a card containing authorised signatures from each of the designated checkpoints.
7. **PARTICIPANTS ARE STRICTLY FORBIDDEN TO ENTER ARMY LANDS OTHER THAN THE APPROVED WALKING ROUTE AND DESIGNATED ESCAPE ROUTES**
8. Participants should be prepared for adverse weather conditions and be suitably equipped as follows: wear suitable walking boots, bring protective clothing/rainwear, adequate food and water, map(s), compass, whistle, mobile phone, torch, small first aid kit, survival bag, etc.
9. Proficiency in mountain navigation is an essential requirement for all participants.
10. In all matters arising in connection with the walk, the decision of the organising committee is final.
11. **As most of the walk traverses both private property and Army lands, it is important not to deviate from the designated route.**
12. The organising committee or the school authorities are not responsible for any personal belongings left at the school.



An Óige Ring of Imaal Marathon Walk 2016

APPLICATION FORM

PLEASE COMPLETE IN BLOCK CAPITALS

NAME _____

ADDRESS _____

Home Phone: _____ **Mobile** _____

e-mail address _____

Age if under 18 _____

Name of next of kin _____

Phone number of next of kin _____

Please provide details if walking as part of a group or club:

ENTRY FEE: €25.00 PAYMENT METHOD _____

I have read the rules and accept all the conditions of entry.

I accept that I am responsible for my own safety and accept that the walk organisers cannot be held responsible for any mishap or injury to myself, however caused.

SIGNED: _____

Some photos from recent hikes



James Cooke - Lugnaquilla



Caoimhín Mac Fhionnghaile – Log na Coille



Job not complete until the paperwork is done - checking the route card arithmetic?



Descent from Lugnaquilla



A Tonduff lunch