

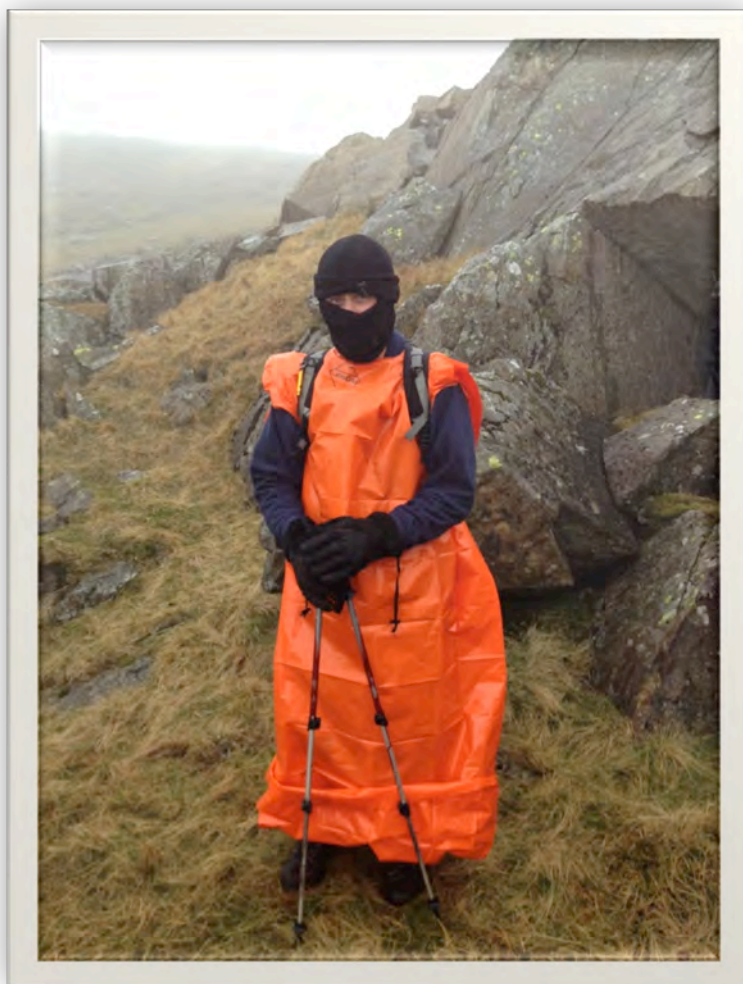


Hillwalkers Club

May-June 2012

<http://www.hillwalkersclub.com/>

# THE HILLWALKER



*A lost crusader on the top of High Stiles?  
Photo: Simon More*

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# HIKE PROGRAMME

## May-June 2012

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**MEET:** Burgh Quay

**DEPART:** Sundays at 10.00 am (*unless stated otherwise*)

**TRANSPORT:** Private bus (*unless stated otherwise*)

**COST:** €12.00 (*unless stated otherwise*)

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**2nd pick-up point:** *On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.*

**Return drop-off point:** *On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.*

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### GENERAL HIKE NOTES

**PARTICIPATION** Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

**CO-ORDINATION** If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

**LEADER** The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

**EQUIPMENT** It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

**WALKING STICKS AND RUCKSACKS** Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

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#### ★★ **Introductory hard hike** ★★

This hike is tailored for non-members who are considering joining the *Hillwalkers Club*. It offers the opportunity to sample a typical club hike, as well as meeting club members.

Interested individuals should equip themselves appropriately for a day in the hills: adequate hiking boots, waterproof coat and leggings, hat, gloves, lunch and hot / cold drinks. *In order to enjoy the hike, you need a good level of fitness.*

Membership forms will be available, should you wish to join the club on completion of the introductory hike. *Enquiries: 086-356 3843.*

Please be advised that you should not undertake any club hiking activities: (i) if you have any known medical ailment which may impair your ability to participate in club activities, or (ii) if you are taking any form of medication that will put your health or safety of others at risk. Should you be in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

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## Sunday 06 May 2012

### **Summer away hike MOURNE MOUNTAINS \*\*09.30am start\*\***

**Leader:** Tom Kenny

*The bus will leave Burgh Quay at 09.30am.*

**2nd pick-up point & return drop-off point:**

Bus stop on Swords Bypass GR 185 463 (*located ON THE BYPASS just south of the footbridge which is adjacent to the R106 Swords-to-Malahide road roundabout and very near to the Pavilion Shopping Centre*)

**Route:** Spelga Dam \* Slievenamuck \* Carn Mt \* Slieve Muck \* Pigeon Rock Mt \* Cock Mt \* Slievenamiskan \* Spelga Dam

**Distance:** 13km **Ascent:** 750 m

**Map:** OSNI Sheet 1:25,000 Mournes activity map

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## Sunday 13 May 2012

**Leader:** Philip Hayden

**2nd pick-up point:**

Beside the pond in Sean Walsh Park on the Tallaght by-pass

**\*\*Different return\*\***

**Route:** Aghavannagh Bridge (GR:056861) \* Lugnaquilla South Prison - Lugnaquilla Mountain \* Corrigasleggaun Mt. \* Carrawaystick Mt. \* Drumgoff

**Distance:** 18 km **Ascent:** 800m

**Maps:** OS 56, Harvey, East and West Mapping

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## Sunday 20 May 2012

### **Summer away hike ROSTREVOR HILLS \*\*09.30am start\*\***

**\*\*Introductory Hard Hike\*\***

**Leader:** Chris Byrne

*The bus will leave Burgh Quay at 09.30am.*

**2nd pick-up point & return drop-off point:**

Bus stop on Swords Bypass GR 185 463 (*located ON THE BYPASS just south of the footbridge which is adjacent to the R106 Swords-to-Malahide road roundabout and very near to the Pavilion Shopping Centre*)

**Route:** Kilbroney lower car park \* Fiddlers Green forest tracks \* Slieveban \* Slievemeen \* Slivefadda \* Knockshee \* Slievemartin \* Cloghmore Glen \* Kilbroney Park

**Distance:** 14 km **Ascent:** 650m

**Maps:** OSNI Sheet 1:25,000 Mournes activity map

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## Sunday 27 May 2012

**Leader:** Warren Lawless

**2nd pick-up point & return drop-off point:**

Bus stop before the roundabout at Loughlinstown

**Route:** Glendalough (Upper Car Park) \* Camaderry \* Turlough Hill \* Lough Forrib \* Glenealo River \* Lugduff \* Wicklow Way

**Distance:** 18 km **Ascent:** 870 m

**Maps:** OS 56, Harvey, East and West Mapping

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## Long weekend 02-04 June 2012

--(No hike)--

Club weekend away to Co. Kerry

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## Sunday 10 June 2012

**Leader:** Peter O'Toole

**2nd pick-up point & return drop-off point:**

Beside the pond in Sean Walsh Park on the Tallaght by-pass

**Route:** Kickeen \* Sugar Loaf \* Lobawn \* Table Mountain \* Camenbulogue \* Carrow \* Lugnaquilla Mt \* Slievemaan \* Ballineddin \* Ballinfoyle \* Fentons

**Distance:** 20 km **Ascent:** 850m

**Maps:** OS 56, Harvey, East and West Mapping

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## Sunday 17 June 2012

**Leader:** Tom Milligan

**2nd pick-up point & return drop-off point:**

Bus stop before the roundabout at Loughlinstown

**Route:** Laragh Triangle \* Paddock Hill \* Scarr \* Kanturk \* Carrigshouk \* East Top \* Glenmacnass River \* Glenmacnass car park

**Distance:** 21km **Ascent:** 975m

**Maps:** OS 56, Harvey, East and West Mapping

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## Sunday 24 June 2012

### **\*\*Introductory Hard Hike\*\***

**Leader:** David McCann

**2nd pick-up point & return drop-off point:**

Bus stop before the roundabout at Loughlinstown

**Route:** Ballinafunshoge (T080930) \* Miners' Track \* Mountain Access Route \* Borenacrow Col \* Lugduff \* Cook's Gap \* Conavalla \* Lough Brook \* Three Shores \* Baravore Car Park

**Distance:** 18km **Ascent:** 800m

**Maps:** OS 56, Harvey, East and West Mapping

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## Saturday 30 June 2012

### **BI-ANNUAL CIRCUIT OF IMAAL**

#### **\*\*Saturday Hike\*\***

**Event coordinator:** Jim Barry (contact details 087 273 7338, [barryja@eircom.net](mailto:barryja@eircom.net))

**Bus departure:** Burgh Quay 0830 hrs

**Walk starting:** Time 1000 hrs approx

The walk will commence this year from the base of Keadeen Mtn. at approximately 1000 hrs. The walk, which will be lead by Tom Kenny, is likely to take about 8 hours to complete and is for experienced and fit walkers.

**Route:** Keadeen Mtn \* Ballinfoyle \* Ballinabarney Gap \* Ballineddan Mtn \* Slieve

Maan \* Lugnaquilla Mtn \* Camenabologue Mtn \* Table Track \* Table Mtn \* Wexford Gap \* Cavanagh's Gap \* Lobawn \* Track to Bolton's Yard \* Road walk back to Donard National School

*\*\* There may be an opportunity for some participants to do a shorter version of the route if required on the day \*\**

**Distance:** 20 km **Ascent:** 1600m

**Maps:** OS 56, OS 62, Harvey, East and West Mapping

An Óige/Hillwalker participants are cordially invited to avail of some light refreshments afterwards on the way home at the Hollywood Inn. Expected return time back in Dublin is 2200 hrs.

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## Sunday 08 July 2012

**Leader:** Don Reilly

**2nd pick-up point & return drop-off point:**

Bus stop before the roundabout at Loughlinstown

**Route:** GR. 133923 \* Cullentragh \* Mullacor \* Lugduff \* The Spink \* Derrybawn \* Shay Elliot Monument

**Distance:** 18km **Ascent:** 750m

**Maps:** OS 56, OS 62, Harvey, East and West Mapping

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## Summer away hikes

Over the summer, the *Hillwalker Club* hike programme will include a number of walks to places a little more distant from Dublin, taking advantage of the longer summer days. These include:

- MOURNE MOUNTAINS, 06 May
- ROSTREVOR HILLS, 20 May
- MT LEINSTER in July
- THE GALTEES in August
- CARLINGFORD in September

Detailed information about each of these walks will be available in the relevant Newsletter.

## PAST EVENTS

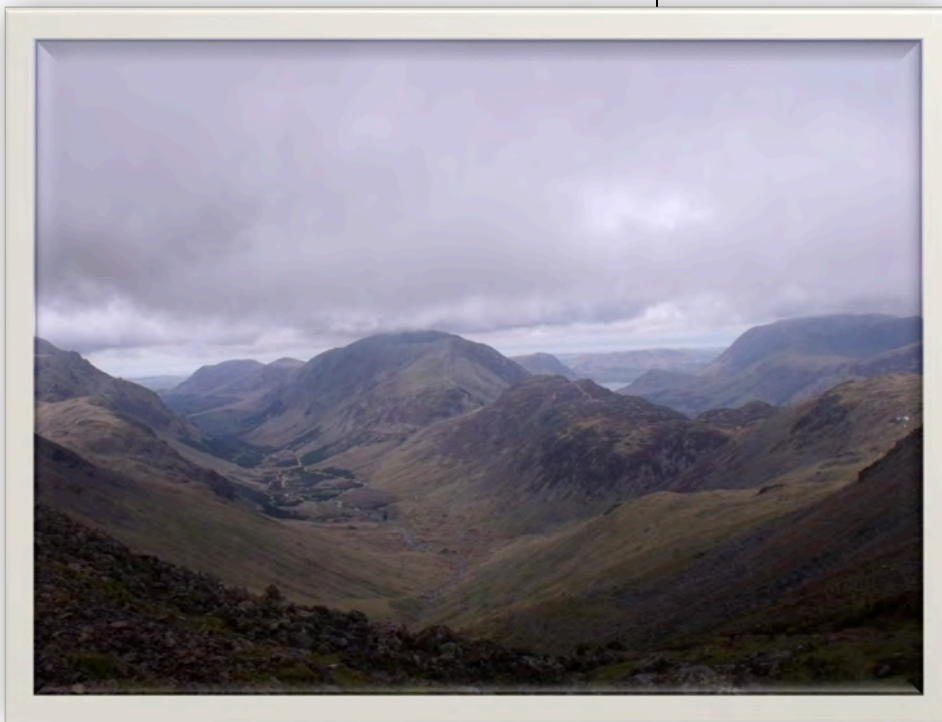
### *Lake District* (Easter, 2012)

At 07.00, Thursday April 5th, a bus parked outside the Ulster Bank Building on George's Quay was being quickly stuffed with hiking gear and eager hikers. Trip organisers Jim Barry and Tom Kenny had little difficulty checking if everyone had arrived as all 53 seats were occupied in jig time. For some of the hikers it was their first weekend trip away with An Óige. Others had enjoyed the very successful 2011 Lake District trip and were hoping for a repeat while it was the umpteenth trip to the Lakes for some others. All were in excellent spirits as the bus nipped down the quays to the Stena berth in good time and we boarded with the minimum of fuss. The trip to Holyhead took around 3.5

hours and after a brief stop for provisions at Holyhead, the bus headed east along the A55. We noted the extensive snow on the Welsh mountains and wondered what



*Lake Windermere, from the YHA*  
*Photo: Simon More*



*Ennerdale, High Stile and Haystacks*  
*Photo: Mel O'Hara*

conditions would be like in Cumbria. We had a welcome break to stretch our legs and have a snack near Chester. The bus then whizzed along the M56 and the M6, past Lancaster, the anticipation rising, until the fells eventually came into sight. There were pockets of snow on some of the fells but not enough for it to be a problem for us. A short drive along by Lake Windermere then and we arrived at the YHA hostel at Waterhead, near

Ambleside, soon after 17.00. Sleeping accommodation issues & negotiations regarding top and bottom bunks were



*Buttermere, during the climb of Red Pike  
Photo: Simon More*

resolved and local beers were sampled before and after our evening meal at the hostel.

Some had early nights and some had late nights but all were down at the bus at 09.00 the following morning, Good Friday. We then had a scenic bus trip to Keswick where we transferred into minibuses. The roads to our destinations were unsuitable for the large bus. Tom Kenny took one group from Buttermere (100m) through Burtness Wood up to Red Pike (755m), then along the ridge to High Stile (806m) and High Crag (744m). Then via Scarth Gap Pass (450m) to the Hay Stacks (597m) and Inominate Tarn and via Blackbeck Tarn to the Slate Mine at Honister Pass (356m) from where a minibus took us to Seatoller to rendezvous with Jim's group. Jim's group had hiked via Gatesgarth Farm, Warnscale Bottom, Warnscale Beck, Dubs Quarry, Blackbeck Tarn and Inominate Tarn to Hay Stacks and then returned to Dubs Quarry and down to Honister Pass via the Old Tramway route.



*The 'hard walkers' on the top of High Stiles  
Photo: Simon More*

Wainwright included the Red Pike – High Stile – High Crag - Haystacks ridge in his list of finest Lakeland ridge walks. "No mountain range in Lakeland is more dramatically

*impressive...no other more spectacularly sculptured, no other more worth climbing and exploring. Here the scenery assumes truly Alpine characteristics, yet without sacrifice of the intimate charms, the romantic atmosphere, found in Lakeland and nowhere else".* He also enthused about Hay Stacks – "It is a place of surprises

*around corners, and there are many corners. For a man trying to get a persistent worry out of his mind, the top of Haystacks is a wonderful cure”.*

Haystacks was one of Wainright’s favourite places and his ashes were scattered at Inominate Tarn, near Haystacks, in accordance with his expressed wishes.

The day had started dry but, as we settled down to lunch close to High Stile, it began to rain. Your reporter had to ask an Australian companion to attempt to tailor an orange survival bag into something resembling a waterproof garment as your reporter had mislaid his proprietary jacket while transferring from bus to minibus. If said Australian is ever jailed for being a tailor then it will definitely be a serious miscarriage of justice. All that your reporter could do for the rest of the afternoon was studiously avoid eye contact with every hiker he met – but at least he was reasonably dry and risk of hypothermia was minimised.

Later that night some of the group took part in a table quiz in a local bar and, while they gave a reasonably good account of themselves, lamented that there were far

*Meeting of the clans on Great Gable  
Photo: Mel O’Hara*



*Scrabbles up Great Gable  
Photo: Mel O’Hara*

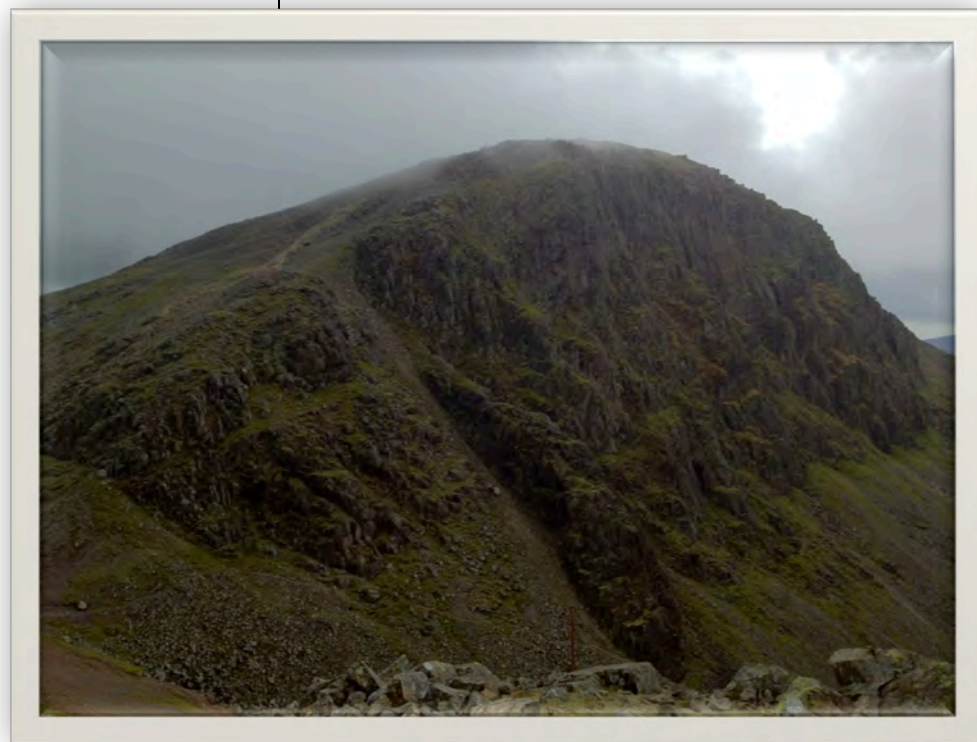
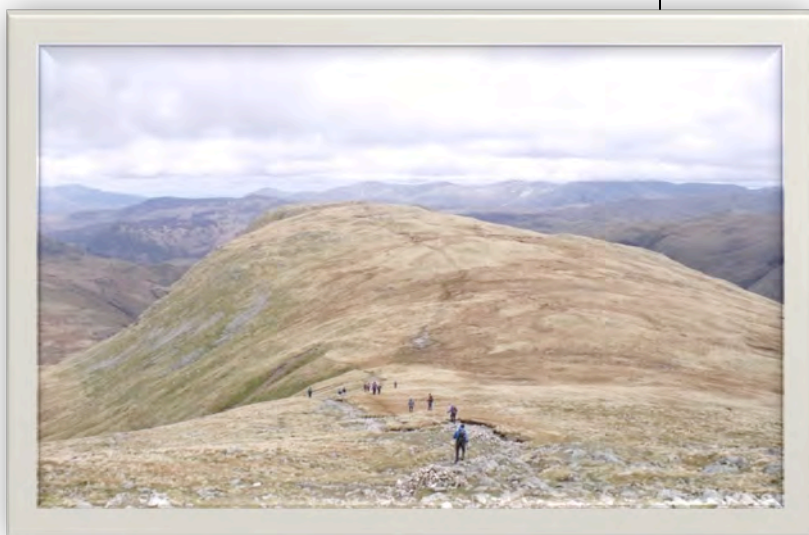
too many questions about cricket and none at all about hurling or Gaelic football. Back at the hostel, there was a party in the bedroom next door, commencing about 02.00. One of my roommates was quite miffed at not having been invited to share in the joviality.

The following day, Saturday, Tom’s group started at Honister Pass (356m), then climbed to Grey Knotts (697m), then to Brandreth (715m) and along Moses Trod to the foot of Kirk Fell (802m). The delightful prospect of climbing up and down Kirk Fell was abandoned in favour of additional



shopping time in Keswick. Tom's group then scrambled up Great Gable (899m) from the North West. The other group had ascended Great Gable via Green Gable and when the groups met at the summit of Great Gable, there was some minor fraternization and good humoured banter before the groups lunched separately. Jim's group had hiked from Honister Pass Mines via the Old Tramway to Drum House (on Wainright's Coast to Coast route) then via Gillercomb Head to Green Gable and via the Windy Gap to Great Gable. They then returned to Honister Pass via Green Gable, Brandreth and Grey Knotts. After having lunch, Tom's group descended to the Windy Gap and climbed Green Gable (801m), headed towards Base Brown and then dropped down into Gillercomb before scrambling down past the waterfall on Sourmilk Gill to Seathwaite where Jim had arranged for a minibus to bring the group to Seatoller and link up with the main bus. The weather was a little kinder than the previous day and there were good views of the Scafells on

*Tom's group heads for Base Brow  
Photo: Mel O'Hara*



*Great Gable, from Green Gable  
Photo: Simon More*

the descent towards Base Brown. There was also a good view of the route taken from High Stile to Haystacks on Good Friday.

Great Gable is an impressive mountain when viewed from any direction. It gets its name from its outline when viewed from Wasdale and West Water. Wainright described Great Gable as "*the undisputed overlord of the group of hills to which it belongs... a favourite of all fellwalkers, and first favourite with many.... the name appeals magically. It is a good name for a mountain...suggesting the pyramid associated with the shape of mountains since early childhood. People are attracted to it because of the name. There is satisfaction in having achieved the ascent and satisfaction in announcing the fact to others. The name has status and confers status... If Great Gable was only known as Wasdale Fell fewer persons would climb it.*" When climbing Scafell Pike in 2011, the An Óige groups had marvellous views of Great Gable. It was very satisfying

to return in 2012 and ascend to its summit.

Your reporter's sartorial elegance was restored earlier in the day when his mislaid waterproof jacket was found under a minibus seat. Gary Sinnot had very kindly lent your reporter a waterproof poncho - metaphorically the shirt off his back - as it was not expected that your reporter would be so lucky that the mislaid jacket would ever be found. The Man from Down Under has to be mentioned in dispatches again as he launched two separate unprovoked snowball attacks on your reporter. I am pleased to relate that poor aim on the part of the attacker combined with fleeter foot on the part of your reporter resulted in the failure of both attacks.



*Coniston Village, about to head off  
Photo: Simon More*

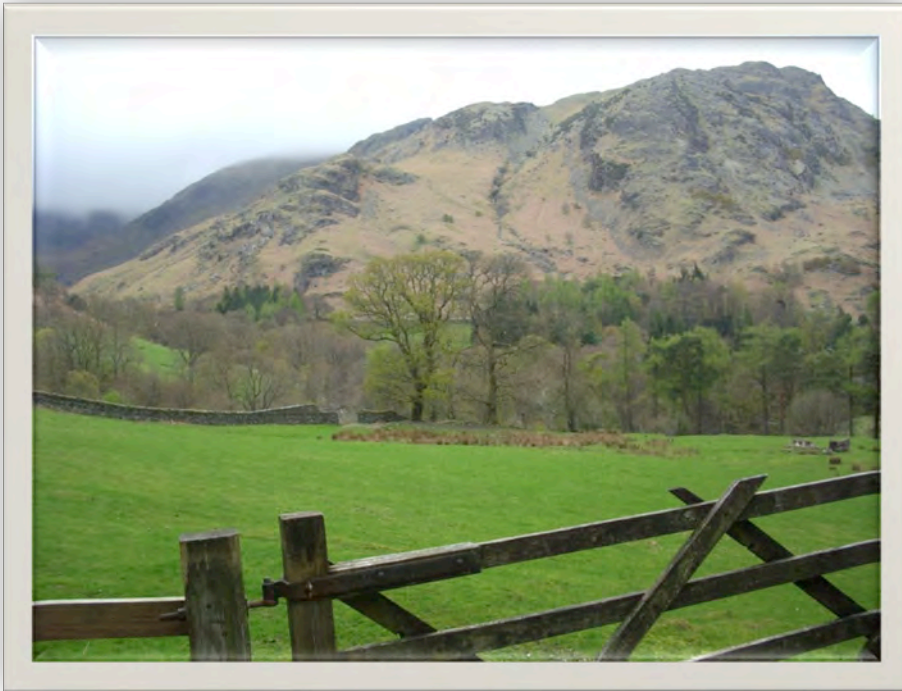
Our return to Keswick was delayed due to heavy traffic but several of the group still managed to make useful purchases of hiking gear and equipment in the time available. Your correspondent declined the shopping opportunity to indulge again in a pleasure discovered on the previous year, a pleasure he can cheerfully recommend to all beer *aficionados* - Lancaster Bomber Beer, brewed by Thwaites, in Blackburn, Lancashire (Wainwright's birthplace). The brewer describes it as "a chestnut-coloured

beer brewed using pale ale and crystal malt, which gives it a full-bodied flavour. A finely balanced hop character is enriched by the late addition of Styrian Goldings as a dry hop in each cask to give a prominent floral hop aroma and warming aftertaste" - but even that description struggles to do justice to the exquisite flavour of this beer after an energetic day on the fells.

On Saturday night, several of group combined long religious services with a late night in The Unicorn but, thankfully, the bus did not leave for Coniston until 09.30 on Sunday morning. We all disembarked in the centre of Coniston Village (~100m) and headed up Station Road, past the Sun hotel, then along a steep lane, Walna Scarr

Road, to a parking area at the foot of the Old Man of Coniston (~220m). It was dry and reasonably bright at that stage but, as we climbed higher, past The Bell and towards Low Water, the mist became heavier and we had to resort to our waterproofs. Tom Kenny's group had to work harder than they expected to keep ahead of Jim's group. The climb up to the summit of the Old Man of Coniston (803m) is quite steep but Tom kept up a reasonable yet challenging pace and we reached the top

without bursting our lungs. The weather had turned nasty though, windy and wet, so we did not linger too long at the top. The strong wind and heavy rain also made an ascent to the summit of Dow Crag an unattractive option so we descended to Goat Water, had lunch and then returned to Coniston via Little Arrow Moor. Jim's group took the same route to the summit of The Old Man of Coniston but returned to Coniston by taking the Copper Mine Valley Route, via Lever Beck, Miners Bridge and Coniston Farm.



*View from Walna Scarr Rd  
Photo: Mel O'Hara*

Wainwright described The Old Man of Coniston as "a benevolent giant revered by generations of walkers and of particular esteem in the eyes of the inhabitants of the village he shelters, for he has contributed much to their prosperity". He also described the relationship between the village of Coniston and The Old Man of Coniston as similar to that between Zermatt and the Matterhorn because of the same close links between the mountain and the village. Coniston is a pretty village and it is well furnished with hiking

gear outlets and comfortable bars and cafés. We contributed a little to its prosperity before getting the bus back to the hostel. On our return, some began to pack while others went ambling up to Ambleside in a soft April shower. Earlier, some of the group had declined the organised hikes and had made good use of their day by taking lake cruises, hiring bicycles or hiking to Grasmere and visiting Wordsworth's Dove Cottage. Later that night, after our final dinner at the hostel, as

it was raining, many of the group decided to socialise at the hostel rather than go to the village. In true An Óige tradition, the result was a sing song in the hostel. This rounded the trip off nicely.

*Climbing the Old Man of Coniston  
Photo: Simon More*



Next morning everyone co-operated in getting the return trip started in good time. We left Ambleside a little before 09.00 and stopped near Chester again to stretch our legs. We arrived at Holyhead in good time for our sailing. One member of the group, Frank, then took a detour via London to visit family and greet a recently arrived grandchild. We had a pleasant trip back across the Irish sea, the Dublin and Wicklow mountains could be seen after about an hour's sailing and, soon afterwards, the Pigeon House and Dublin city itself could be seen on the horizon. We boarded the bus for the final leg and arrived back at the Ulster Bank building at around 17.30. Handshakes and hugs were exchanged and we all went our separate ways with many happy memories of an

excellent weekend. Jim and Tom deserve great praise and thanks for the organisation and smooth running of the excursion.

The following links may be of interest:

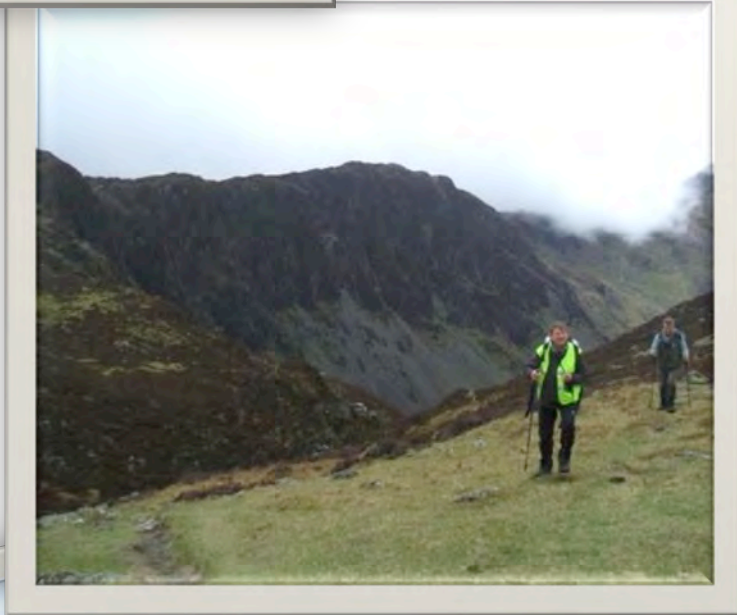
- <http://www.visitcumbria.com/cm/buttermere-lake.htm>
- [http://en.wikipedia.org/wiki/Great\\_Gable](http://en.wikipedia.org/wiki/Great_Gable)
- <http://www.stridingedge.net/wainwright%20fells/a-l%20fells/Great%20Gable.htm>
- [http://en.wikipedia.org/wiki/Innominate\\_Tarn](http://en.wikipedia.org/wiki/Innominate_Tarn)
- <http://www.visitcumbria.com/amb/coniston.htm>

*Text by Mel O'Hara*



*Old Men of Coniston? (left)  
The 'hard walkers' on top of Great Gable  
(below)  
Photos: Simon More*

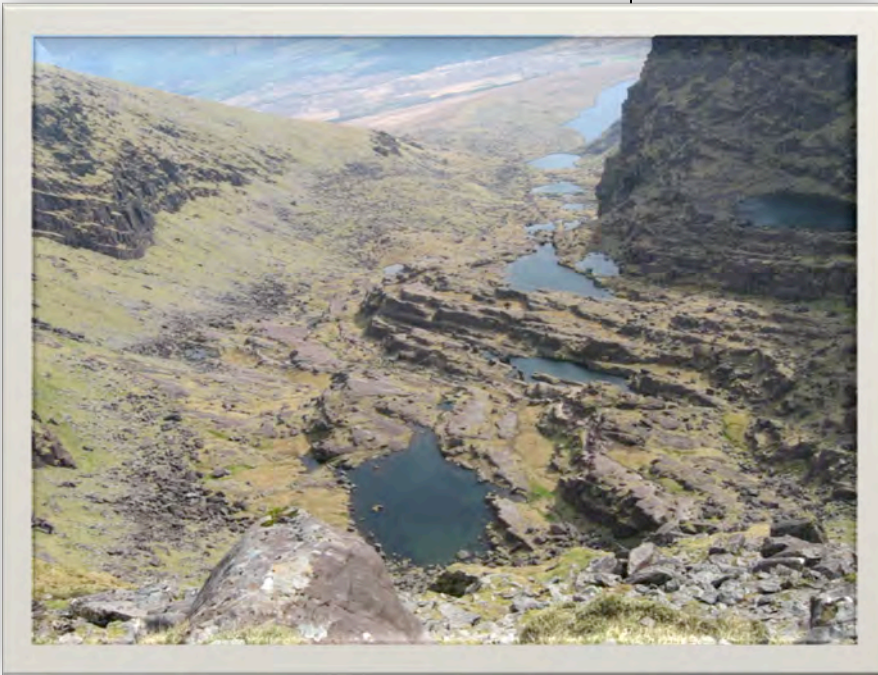




*Postcards ... taken along the way  
Photos: Dave Jackson*

## Kerry (March, 2012)

In a very clear spell of weather at the end of March, a group of 'Third Sunday Walkers' headed for Tralee in the Kingdom of Kerry.



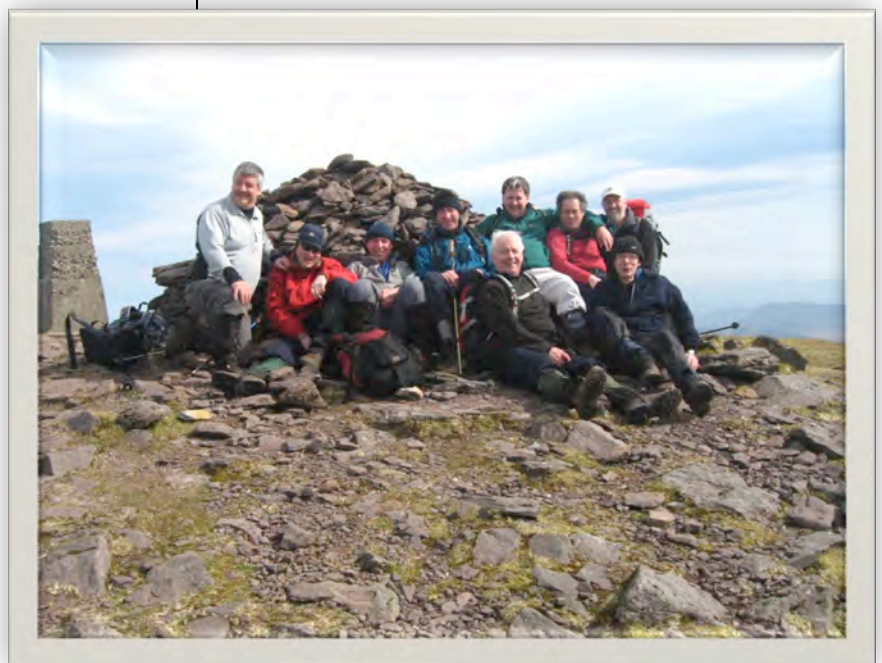
*'Paternoster' lakes on the Faha route to Mount Brandon*

Tralee was a good choice, because Brandon and the Magillicuddy Reeks are less than an hours drive in different directions. There were great rates available at the Grand Hotel, which also appeared to be the main scene in Tralee. Saturday 24 March was 'Brandon Day'. We started at Faha on the East side. A dead-ringer of Mick Wallace, but with a Kerry accent was telling us that 5 out of 6 days you climb Brandon, you see nothing from the top. Obviously ours was day 6. Looking out over the blue tranquil Atlantic, we could understand how St Brendan was lured out on his 'navigation', which eventually had him setting foot on the North American continent, long before the Vikings or Columbus.

Sunday 25 March was for the Reeks, coming at it from the west side. We decided to hike up to Caher directly from Lough Accouse which was fairly arduous until we hit the Coomloughra Horseshoe track. After Caher, we followed the ridge walk to Carrauntoohil. The summit was busy. The clear day had brought out a great gathering. The 'almost-no-gear' types contrasted sharply with the 'geared-to-the-teeth' types (like us!). There was a constant stream of people coming across the Beenkeragh ridge. Fortunately most were heading in the same direction; to Carrauntoohil. Quite a number did the full Coomloughra Horseshoe, for which the conditions were ideal.

*Text and photos by  
Brian Madden*

*Top of Brandon (952m). Group sheltering from jet stream. Views of Blaskets, Skellig Michael, etc, and New York just out of sight.*





*View from slopes of Caher. Beenkeragh (1010m) on left, Carrauntoohil (1040m) on right, with Beenkeragh ridge in between.*



*Top of Carrauntoohil, looking at Beenkeragh ridge. Note Eamonn's weather protection (sun!)*



*On the Coomloughra ridge track. Passing over spot height 975m on the way to Caher (1001m). In the distance, Carrauntoohil.*

## Mountaineering Ireland e-zine

For further information, see  
<http://www.mountaineering.ie/>

### Latest events

#### **Mountain Meitheal Work Day**

5 May 2012

Mountain Meitheal's (MM) next work day will be Saturday, 05 May 2012 in Glendalough.

#### **Wild and Rugged Places (Derry)**

9 May 2012

Wild and Rugged Places will take place in the Eden Place Arts Centre, Pilot's Row, Derry City at 7.

#### **MIA Trainee Workshops (Various)**

19 May 2012

These workshops are open to anyone who has completed their MIA training and wishes to get get assistance in progressing towards their MIA assessment.

#### **Club Workshops 2012 (Various Locations)**

19 May 2012

This series of workshops are designed to 'up skill' Club Training Officers and MI members in scrambling, climbing ropework, GPS and climbing movement skills.

#### **Awesome Walls Lecture - Johnny Dawes**

30 May 2012

Awesome Walls Dublin are proud to announce the second date in our lecture series.

#### **Fair Head Meet 2012**

1 June 2012

For the third successive year Mountaineering Ireland will be hosting a climbing meet at Fair Head over the weekend of 1st-3rd June.

#### **Galtymore Walk in aid of SEMRA**

9 June 2012

Celebrate the 50th Anniversary of Patrician Year Cross on Galtymore.

#### **Summer Alpine Meet**

1 July 2012

The location for the '2012 Mountaineering Ireland's Summer Alpine Meet' is the Italian side of the Bregaglia Alps.

#### **Castlegregory Walking Festival**

29 September 2012

The Dingle Hill Walking Club, Cumann Sléibhteoireachta Chorca Dhuibhne in conjunction with Castlegregory Community Council invite you to the 2012 Castlegregory Walking Festival (29-30th September 2012).

### Latest news (selection)

#### **OSi 1:25,000 maps feedback required**

Ordnance Survey Ireland (OSI) is seeking feedback on their 1:25,000 maps.

#### **EastWest Mapping new digital map - Dublin & Wicklow Mountains**

EastWest Mapping has a new digital map solution for their detailed mapping of the Dublin & Wicklow Mountains.

#### **Discounts in Northern Ireland accommodation**

To celebrate the start of Spring, [www.WalkNI.com](http://www.WalkNI.com) is offering big discounts on accommodation and restaurants for walkers coming to Northern Ireland.

### **Committee 2011/12**

*Chairman*

Dónal Finn

*Secretary/Project Support*

Bill Fine

*Treasurer*

Jim Barry

*Sunday Hikes Coordinator*

Frank Rooney

*Weekend Coordinator*

*Vacant*

*Training Officer*

Dónal Finn

*Membership Secretary*

Don Reilly

*Club Promoter*

Barbara Monahan

*Newsletter Editor*

Simon More

### **Special thanks to:**

*Webmaster*

Matt Geraghty



# Membership Application Form

Hillwalkers Club 2011/2012

Name *(Applicants must be over 18)*

Address

Were you a member before?  Yes, last year  Yes, some time ago  No

**New members:** How did you hear about the club? .....

An Óige Membership Number *(Applicants must be a member of An Óige)*

[Further information at <http://www.anoige.ie/membership>]

Contact Telephone Numbers *(optional)*

Daytime ..... Evening ..... Mobile .....

Email Address *(required)* .....

The club issues a regular newsletter by email. The newsletter is also available through the Club webpage [[www.hillwalkersclub.com](http://www.hillwalkersclub.com)].

Please read and sign the following PERSONAL DECLARATION

## PERSONAL DECLARATION

I am over 18 years of age and wish to apply for membership of the Hillwalkers Club. (\*)

*(\*) Please note that personal accident insurance is only available to members between 18 and 75 years of age.*

I accept that mountaineering is an activity with a danger of personal injury or even death.

I am aware of and shall accept these risks and wish to participate in these activities voluntarily and shall be responsible for my own actions and involvement.

I accept that the Hillwalkers Club establishes the bounds on its activities through the constitution and rules of the club [[available at www.hillwalkersclub.com/constitution.htm](http://www.hillwalkersclub.com/constitution.htm)] and I agree to abide by these.

Members should not undertake any club hiking activities if:

- (i) they have any known medical ailment which may impair their ability to participate in club activities, or,
- (ii) they are taking any form of medication that will put their health or safety of others at risk.

If a member is in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

*If you agree and accept the terms of the PERSONAL DECLARATION, please sign and date here.*

Signature ..... Date .....

The 2011/2012 membership year runs from 01 October 2011 to 30 September 2012.

### 2011/2012 Membership Fee €35.00

Please send this form with the membership application fee (cheque or postal order *only*, payable to the Hillwalkers Club) to **Don Reilly, Dunany, Santry, Dublin 9**. Please allow two weeks for processing of the membership application.

**NB: PLEASE DO NOT SEND YOUR APPLICATION BY REGISTERED POST!**