



Hillwalkers Club

March-April 2012

<http://www.hillwalkersclub.com/>

THE HILLWALKER



*'Just the girls'
Sunday walk on 22 January 2012
Photo: AnneMarie Keoghan*

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HIKE PROGRAMME

March-April 2012

MEET: Burgh Quay

DEPART: Sundays at 10.00 am

TRANSPORT: Private Bus (*unless stated otherwise*)

COST: €12.00 (*unless stated otherwise*)

2nd pick-up point: *On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.*

Return drop-off point: *On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.*

GENERAL HIKE NOTES

PARTICIPATION Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

CO-ORDINATION If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

LEADER The leader has the right to refuse anyone who is not adequately equipped (e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

EQUIPMENT It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

WALKING STICKS AND RUCKSACKS Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

Sunday 11 March 2012

Leader: Jim Barry

2nd pick-up point: Bus stop before the roundabout at Loughlinstown.

****Direct back to Dublin****

Route: Curtlestown Wood (G.R. O179168) * Prince William Seat * Knocknagun * Glendoo * Cruagh Mtn * Pine Forest * Tibbradden * Fairy Castle * Two Rock Mtn * Three Rock Mtn * Lamb Doyles Carpark (G.R. O168256).

Distance: 18km **Ascent:** 600 m

Maps: OS 50, OS 56, Harvey, East and West Mapping

Sunday 18 March 2012

****Introductory Hard Hike****

Leader: Michael Shiels

2nd pick-up point & return drop-off point: Bus stop before the roundabout at Loughlinstown

Route: Kilmacanogue * Great Sugar Loaf * Glencap Commons South * Road * Downs Hill (lunch) * Downs Village * Glen of the Downs Nature Reserve - Ballydonagh * Kindelstown * Borhilla Lane * Little Sugar Loaf * Barquilla Commons * Cill Mocheanóg

Distance: 18 km **Ascent:** 810m

Maps: OS 56, Harvey, East and West Mapping

Sunday 25 March 2012

Leader: Simon More

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown.

Route: Oldbridge * Scarr * Glenmacnass Car Park * Glenmacnass River * GR 075 058 * Barnacullian * Stoney Top * Tonlague * Wicklow Gap

Distance: 18 km **Ascent:** 900m

Maps: OS 56, Harvey, East and West Mapping

Sunday 01 April 2012

Leader: John Gordon

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown

Route: Curtlestown Woods * Knocknagun * Glenree * Lough Brays * Tonduffs * Maulin * Crone Woods

Distance: 19 km **Ascent:** 850 m

Maps: OS 56, OS, Harvey, East and West Mapping

Easter Sunday 08 April 2012

--(No hike)--

Club Easter trip to the Lakes District

Sunday 15 April 2012

****Introductory Hard Hike****

Leader: Kevin McGinley

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown

Route: Laragh * Paddock Hill * Dry Hill * Scarr * Kanturk * Badger Banks * Inchavore River * Lough Dan * Kilough River * Pier Gates

Distance: 15.5 km **Ascent:** 700m

Maps: OS 56, Harvey, East and West Mapping

Sunday 22 April 2012

Leader: Bill Fine

2nd pick-up point:

Rathfarnham Castle, before the Yellow House

****Different drop off point on return****

Route: Sally Gap * Carrigvore * Luggala * Wicklow Way * Djouce * Djouce Woods

Distance: 17km **Ascent:** 890m

Maps: OS 56, Harvey, East and West Mapping

Sunday 29 April 2012

Leader: Pearse Foley

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown

Route: Trooperstown * Glenwood * Annamoe * Killafeen * Trooperstown Hill * Roundhill * Glenwood * Clara Church * Claramor * Ballylug * Trooperstown * Annamoe River * Annamoe

Distance: 18km **Ascent:** 600m

Maps: OS 50, OS 56, Harvey, East and West Mapping

★★ Introductory hard hike ★★

This hike is tailored for non-members who are considering joining the *Hillwalkers Club*. It offers the opportunity to sample a typical club hike, as well as meeting club members.

Interested individuals should equip themselves appropriately for a day in the hills: adequate hiking boots, waterproof coat and leggings, hat, gloves, lunch and hot / cold drinks. *In order to enjoy the hike, you need a good level of fitness.*

Membership forms will be available, should you wish to join the club on completion of the introductory hike. *Enquiries: 086-356 3843.*

Please be advised that you should not undertake any club hiking activities: (i) if you have any known medical ailment which may impair your ability to participate in club activities, or (ii) if you are taking any form of medication that will put your health or safety of others at risk. Should you be in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

Our magazine archives go back to 1993, and our photo archives as far as November 2008, so why not refresh your memories by visiting www.hillwalkersclub.com

Thanks to our webmaster Matt Geraghty, a mobile phone friendly version of the hikes page is available at <http://m.hillwalkersclub.com/>

Club members interested in leading a hike, contact Frank Rooney: rooneyf@eircom.ie

We would like to hear from you!

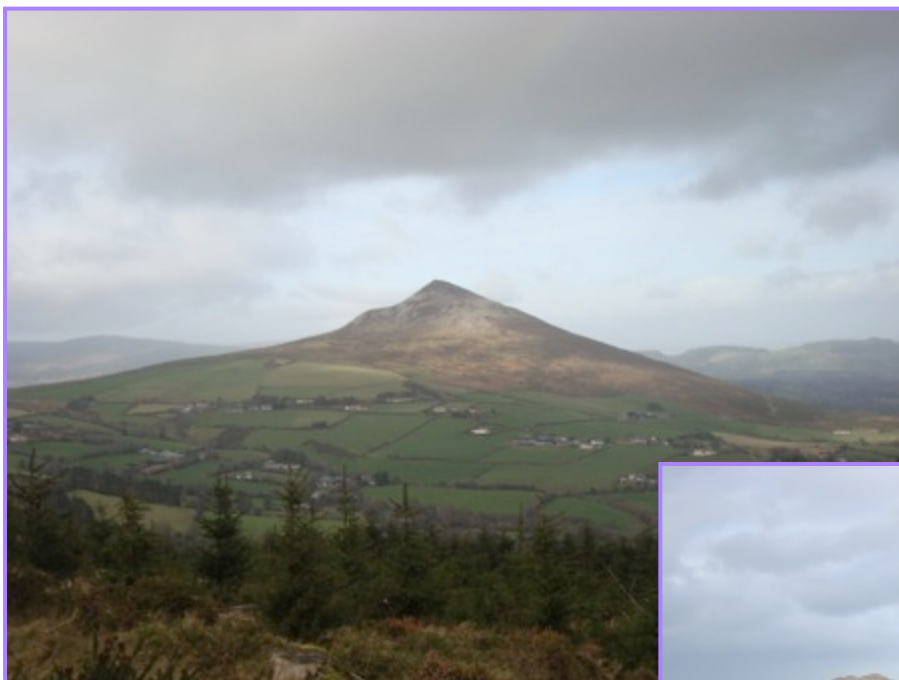
Whether you ...
wish to contribute an article ...
have read an interesting book you'd like to recommend to club members ...
would share your favourite hikes ...
want to comment on any club matters ...
Why not get in touch?

Email to Simon More at simon.more@ucd.ie

Sunday Hike

(22 January 2012)

Photos: AnneMarie Keoghan



Sugarloaf

Little Sugarloaf



The Octagon

Walking festivals and treks 2012

A selection are included here. Further information is available at:
<http://www.walkersassociation.ie/node/202>

Croagh Patrick Heritage Trail Walking Festival

23-25 March 2012

Three days of guided moderate and challenging walks.

Further information at
<http://www.walkersassociation.ie/node/35800>

Climb 4 Concern 2012

Starting 31 March 2012

From March through to September join with Concern on treks to the highest mountains in Leinster, Munster, Connacht & Ulster on the annual Climb 4 Concern fundraiser.

Further information at
<http://www.walkersassociation.ie/node/36160>

Siú Go D tí Seasca 2012

21 April 2012

Join with Bóthar and friends on a 60km trek over beautiful countryside and canal banks and help to raise funds for Bóthar's livestock projects in Rwanda.

Further information at
<http://www.walkersassociation.ie/node/36112>

Holey Soles Hillwalking Festival 2012

7-8 April 2012

This festival has a selection of walks to even include local biodiversity and archaeology. All the walks start from Manorhamilton in lovely Leitrim and are hosted by the Holey Soles Walking Club.

Further information at
<http://www.walkersassociation.ie/node/35791>

South Sligo walking festival 2012

May Bank Holiday Weekend 2012

The beautiful Ox Mountains give the perfect frame for both Lough Talt and Lough Easkey as the South Sligo Spring Walking Festival (now in its 12th year) takes place on this Bank Holiday weekend.

Further information at
<http://www.walkersassociation.ie/node/36047>

Leenane walking festival 2012

4-6 May 2012

Leenane plays host to its annual and much loved Walking Festival with a wonderful choice of walks for all.

Further information at
<http://www.walkersassociation.ie/node/36123>

Committee 2011/12

Chairman

Dónal Finn

Secretary/Project Support

Bill Fine

Treasurer

Jim Barry

Sunday Hikes Coordinator

Frank Rooney

Weekend Coordinator

Vacant

Training Officer

Dónal Finn

Membership Secretary

Don Reilly

Club Promoter

Barbara Monahan

Newsletter Editor

Simon More

Special thanks to:

Webmaster

Matt Geraghty

Digital Photography for Beginners & Intermediates

Simple Cameras take beautiful photographs. Are you a beginner or a more advanced photographer and would you like to take your photography to the next level?

No technical jargon, just hints, tips and ideas for those 'special' shots. Different subjects, angles, viewpoints and lots of fun.

This course is spread over 8 Tuesday Evenings and/or an intensive Weekend in Glendalough. The dates for the two hour evening sessions are as follows: 17th, 24th April, 1st, 8th, 15th, 22nd, 29th May, 5th June.

This course will be:

- **Project lead.**
- **Give participants a better understanding of how their camera works.**
- **Will take you from Shooting – Downloading – Working on images – Printing and mounting your print ready for display.**

Some of the projects to be covered are:

- **Portraiture** – Studio and location with particular attention to expression and lighting.
- **Nature/Landscape** – Seeing beyond the subject shape, pattern, form, texture and perspective.
- **Night photography** – Using off camera flash and multiple exposures.
- **Other areas to be included are** – simple ways to photograph smoke and water, etc.

All you need is a Digital Camera.

Venue: Dublin International Hostel, 61 Mountjoy Street, Dublin 7 @ 19.15 for 19.30 start.

Course cost: €100

Bookings: Now taken through the An Óige Head Office, Tel: (01) 8826700 by Credit Card, Laser, Cheque, Postal Order or Cash.

No's limited.

Course Given By: Peter Gallagher L.I.P.P.A. – For further information contact Marie McDonnell – Tel: (01) 8377411 (H), or (01) 8826702 (An Óige afternoons) **P.T.O.**

Weekend of Photography in Glendalough Come and enjoy this Weekend from 27th – 29th April

Situated in the Heart of the Wicklow Mountains. There is something enchanting about Glendalough. The beautiful scenery and impressive range of monastic buildings.

The Weekend is about taking photos rather than the equipment you have. It will help you work in a Group environment. Handle your Digital Camera with confidence. No technical jargon, just hints, tips and ideas for those 'special' shots.

This Weekend is optional at an additional cost of €50 for 2 nights accommodation including continental breakfast.

The Hillwalkers Club June Weekend 2012

| | | |
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| Weekend Leaders | : | Mark Campion and Philip Hayden |
| Date | : | June 1 st to Monday June 4 th inclusive |
| Location | : | West Cork |
| Accommodation | : | Eccles Hotel, Glengarriff |
| Cost | : | €225 |
| What's included? | : | Everything apart from Friday evening and Monday evening meals. There will be a stop off on both these evenings for food. |
| How many places? | : | Limited to 52 people...bus trip only. |
| Time of departure | : | <u>4 pm sharp</u> on Friday (<i>1 June</i>) from <u>Luke St.</u> off George's Quay |
| Time of return | : | 9 pm approx. on Monday (<i>4 June</i>) |
| Hikes | : | There will be two grades of hike each day... Hard and Moderate. <u>Please think of others...only sign up if you keep yourself reasonably fit.</u> Please note that the walking programme may be altered or curtailed at the discretion of the leader to take account of adverse weather conditions and walkers' capabilities. |
| Possible hikes | : | More details will be available in the next newsletter and on the website close to the time. |



Hungry Hill

- The Caha Mountains
- Hungry Hill and Maulin
- Knockboy
- Coomnadiha
- Sheep's Head Peninsula
- Garnish Island [anyone who wants to do this will have to pay extra for the short ferry ride]
- Dursey Island

| | | |
|----------------|---|--|
| Maps | : | OS sheets 84 and 85 |
| How do I book? | : | Contact Mark Campion to reserve your place and then send a cheque (payable to ' The Hillwalkers Club ') for the full amount (€225) to Mark Campion, 12 Chesterfield, Conyngham Road, Dublin 8. <i>Please note that 50% of the booking is non-refundable, should you cancel your trip.</i> |

Phone Mark on 087 250 1401 or email markmjcampion@gmail.com for more info.
Alternatively contact Philip Hayden at filiphayden@eircom.net



Membership Application Form

Hillwalkers Club 2011/2012

Name *(Applicants must be over 18)*

Address

Were you a member before? Yes, last year Yes, some time ago No

New members: How did you hear about the club?

An Óige Membership Number *(Applicants must be a member of An Óige)*

[Further information at <http://www.anoige.ie/membership>]

Contact Telephone Numbers *(optional)*

Daytime Evening Mobile

Email Address *(required)*

The club issues a regular newsletter by email. The newsletter is also available through the Club webpage [www.hillwalkersclub.com].

Please read and sign the following PERSONAL DECLARATION

PERSONAL DECLARATION

I am over 18 years of age and wish to apply for membership of the Hillwalkers Club. (*)

() Please note that personal accident insurance is only available to members between 18 and 75 years of age.*

I accept that mountaineering is an activity with a danger of personal injury or even death.

I am aware of and shall accept these risks and wish to participate in these activities voluntarily and shall be responsible for my own actions and involvement.

I accept that the Hillwalkers Club establishes the bounds on its activities through the constitution and rules of the club [[available at www.hillwalkersclub.com/constitution.htm](http://www.hillwalkersclub.com/constitution.htm)] and I agree to abide by these.

Members should not undertake any club hiking activities if:

- (i) they have any known medical ailment which may impair their ability to participate in club activities, or,
- (ii) they are taking any form of medication that will put their health or safety of others at risk.

If a member is in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

If you agree and accept the terms of the PERSONAL DECLARATION, please sign and date here.

Signature Date

The 2011/2012 membership year runs from 01 October 2011 to 30 September 2012.

2011/2012 Membership Fee €35.00

Please send this form with the membership application fee (cheque or postal order *only*, payable to the Hillwalkers Club) to Don Reilly, Dunany, Santry, Dublin 9. Please allow two weeks for processing of the membership application.

NB: PLEASE DO NOT SEND YOUR APPLICATION BY REGISTERED POST!