



An Óige Hillwalkers Club

February-March 2012

<http://www.hillwalkersclub.com/>

THE HILLWALKER

CLUB EGM

CALLED

**8.00 pm, Friday 03 February,
Room 102,
An Óige, Mountjoy St, Dublin 7.**

An EGM has been called by the club committee, the first since the founding of the club in 1993!

The purpose of the EGM is to ask club members to approve, or not to approve, two proposed amendments to the club constitution. The amendments are outlined overleaf, along with the broad context for the EGM.

A full discussion will be held on the night, outlining in detail the background to the proposed amendments. All members are encouraged to attend, to air their views and most importantly to vote on the amendments.

Further details on page 2.

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**An Óige Hillwalkers Club
Extraordinary General Meeting (EGM) Notice
Friday, Feb 3rd 2012, 8.00pm
Room 102, An Óige, 61 Mountjoy St, Dublin 7**

An EGM has been called by the club committee for Friday Feb 3rd in An Óige Headquarters at 8.00pm. The reason for the EGM is to ask club members to approve, or not to approve, two proposed amendments to the club constitution. The committee has been advised that adoption of these changes will enhance the independence of the club in the current economic environment.

The agenda for the EGM is as follows:

1. Context
2. Explanation of the amendments to the club constitution (as outlined below)
3. Discussion
4. Vote

The following (two) amendments to the club constitution are proposed:

Amendment 1

Article 1.1 of the constitution which reads;

The name of the club shall be "An Óige Hillwalkers Club", hereafter referred to as "the club"

to be replaced by;

The name of the club shall be the "Hillwalkers Club", hereafter referred to as "the club"

Amendment 2

Article 12.1 of the constitution which reads;

The club can be dissolved by a two-thirds majority vote carried at an AGM/EGM, whereupon the outgoing committee will arrange to discharge any assets to An Óige, the Irish Youth Hostel Association

to be replaced by;

The club can be dissolved by a two-thirds majority vote carried at an AGM/EGM, whereupon the outgoing committee will arrange to discharge any assets to an organisation with similar ethos and objectives to the club and where such an organisation will be endorsed by a two-thirds majority vote at the aforementioned AGM/EGM

* * *

Only current members (2012) will be entitled to vote at the EGM,
as per article 11.3 of the constitution.

Please be advised that each amendment will be voted upon separately by ballot paper.

Please note that this is the first club EGM, since its foundation in 1993.

A quorum of 15 will be required for the meeting to go ahead.

Proposed amendments will each require a 2/3 majority vote.

Members are encouraged to attend this important meeting.

HIKE PROGRAMME

February-March 2012

MEET: Burgh Quay

DEPART: Sundays at 10.00 am

TRANSPORT: Private Bus (*unless stated otherwise*)

COST: €12.00 (*unless stated otherwise*)

2nd pick-up point: *On the outward journey, the bus will stop briefly to collect walkers at the pick-up point. Should the bus be full on departure from Burgh Quay, this facility cannot be offered.*

Return drop-off point: *On the return journey, where indicated, the bus will stop near the outward pick-up point to drop off any hikers. We regret this is not possible on all hikes.*

GENERAL HIKE NOTES

PARTICIPATION Mountaineering is an activity with a danger of personal injury or death. Participants should be aware of and accept these risks. People who take part in our club activities do so at their own risk and are responsible for their own actions and involvement.

CO-ORDINATION If necessary, tickets are given out on Sundays to ensure that participants reserve a bus place as they arrive.

LEADER The leader has the right to refuse anyone who is not adequately equipped

(e.g., without appropriate boots, rainwear, food, torch, hat, gloves, etc). The leader may alter the route from that described in the program. The leader sets the pace of the hike and walkers are expected to obey the leader's instructions at all times.

EQUIPMENT It is essential to bring good rain gear (both jacket and over-trousers) and to leave cotton t-shirts and jeans at home! Boots must be sturdy with proper ankle support and a rigid non-slip sole such as Vibram.

WALKING STICKS AND RUCKSACKS

Remember that walking sticks and rucksacks cannot be brought onto the bus and must be stowed away in the boot during the journey.

****Introductory hard hike****

This hike is tailored for non-members who are considering joining the *An Óige Hillwalkers Club*. It offers the opportunity to sample a typical club hike, as well as meeting club members.

Interested individuals should equip themselves appropriately for a day in the hills: adequate hiking boots, waterproof coat and leggings, hat, gloves, lunch and hot / cold drinks. *In order to enjoy the hike, you need a good level of fitness.*

Membership forms will be available, should you wish to join the club on completion of the introductory hike. *Enquiries: 086-356 3843.*

Please be advised that you should not undertake any club hiking activities: (i) if you have any known medical ailment which may impair your ability to participate in club activities, or (ii) if you are taking any form of medication that will put your health or safety of others at risk. Should you be in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

Sunday 22 January 2012

Leader: Dave McCann

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown

Route: Tithewer * The Viking Road * Ballinasostia * Kilpeddar Rifle Range * Downhill * The Downs * Barry's Bridge * Bellevue Demesne * The Octagon * Ballydonagh Lane * Coolagad * Kindlestown Upper * St Laurence's N.S).

Distance: 18km **Ascent:** 380m

Maps: OS 56, Harvey, East and West Mapping

Sunday 29 January 2012

Leader: Tom Kenny

2nd pick-up point & return drop-off point:

Beside the pond in Sean Walsh Park on the Tallaght By-pass.

Route: Oasis * Carrigshouk * East Top * Mullaghcleevaun * Barnacullian * Stony Top * Tonlegee * Wicklow Gap

Distance: 18km **Ascent:** 800m

Maps: OS 56, Harvey, East and West Mapping

Sunday 05 February 2012

Leader: Philip Hayden

2nd pick-up point & return drop-off point:

Beside the pond in Sean Walsh Park on the Tallaght By-pass.

Route: Slade brook * Seefingan * Kippure * Lough Bray * Glenree

Distance: 15km **Ascent:** 825m

Maps: OS 56, Harvey, East and West Mapping

Sunday 12 February 2012

**** Introductory hard hike ****

Leader: Mel O'Hara

2nd pick-up point: Beside the pond in Sean Walsh Park on the Tallaght By-pass.

Different drop-off point on return.

Route: Liffey Valley Road @ GR 098 135 * Coronation Plantation * Gravale * Carrigvore * Luggala * Knocknacloghoge * Pier Gates

Distance: 19km **Ascent:** 800m

Maps: OS 56, OS 62, Harvey, East and West Mapping

Sunday 19 February 2012

Leader: Steve Buckney

2nd pick-up point & return drop-off point:

Beside the pond in Sean Walsh Park on the Tallaght By-pass.

Route: Black Hill C/P * Black Hill * Mullaghcleevaun * East Top * Cleevaun Lough * Ballynultagh

Distance: 18km **Ascent:** 550m

Maps: OS 56, OS 62, Harvey, East and West Mapping

Sunday 26 February 2012

****Introductory hard hike****

Leader: Brian Flynn

2nd pick-up point & return drop-off point:

Bus stop before the roundabout at Loughlinstown

Route: Glendalough * Glendasan * Camaderry * Sevenchurches * Lugduff * Spinc * Glendalough

Distance: 16km **Ascent:** 870m

Maps: OS 56, OS 62, Harvey, East and West Mapping

Sunday 04 March 2012

Leader: Gerry Cooke

2nd pick-up point & return drop-off point:

Beside the pond in Sean Walsh Park on the Tallaght By-pass.

Route: Sally Gap * Carrigvore * Gravale * Duff Hill * East Top * Mullaghcleevaun * Black Hill * Ballynulty Gap

Distance: 15km **Ascent:** 760m

Maps: OS 50, OS 56, Harvey, East and West Mapping

PAST EVENTS

Mournes Hike (16 October 2011)

It was a long beautiful day on 16th October for 26 hillwalkers taking on the north west corner of the Mournes. This introductory 'hard hike', attracted a number of mod walkers, and some altogether new to An Óige. Brian Madden was leading, and we got walking at about 12.30pm. We walked up the long valley between Meelmore and Meelbeg to the saddle and the Mourne Wall. Then we climbed Meelbeg, and descended on the other side

to select a sheltered lunch stop on the way to Doan. Doan repaid our efforts, supplying fantastic views of Binian, Lough Shannagh and the Silent Valley reservoir, and Slieve Donard in the other direction. Then we made a 'tundra crossing' to Slieve Bearnagh and toiled up the steep slopes in the rain to the rocky outcrops at the top. As we reached the top the rain cleared, the sun burst out, and we were treated to a magnificent rainbow. Neville and Ciaran took time out to scale the summit tor, to bag the 'real' summit of Bearnagh. Then it was the steep descent to the Hare's Gap, and down the Trassey track to Jim and the bus home. We hit the city about 8.40pm.



Christmas Party (10-11 December 2011)

Ho, Ho, Ho. Another year, another great party. I seriously considered taking a break this year, but I knew come the night that I would only be missing it and was heartily glad I went. Arriving Saturday midday, Tom led us in good weather in a nice ramble up Glendasan to the Miners Village and across to the Brockaghs, while Santa Jim took a gang up Camaderry. We ended at a very early and civilised hour at Glendalough Hotel, where we enjoyed hot ports, a blazing fire and Santa's Grotto. The ladies were queuing up to tell Santa what they wanted (goretex Louis Vuitton hiking bags were very popular this year), though some ran away with unseemly haste when he sought a peck on the cheek in return. Santa got steadily drunk on the Christmas cheer but was helped into his sleigh by closing time.



*Post-hike pints.
Photo: Warren Lawless*



Photo: Liz Carey



*Christmas party messers
Photo: Warren Lawless*



Santa fans
Photo: Warren Lawless



Photo: Liz Carey

After the pub we changed into our glad rags, with the ladies looking especially glamorous. Thankfully we didn't have to negotiate ice and snow getting from hostel to hotel this year and the only broken legs were on the dance floor. The meal was lovely, one of the best I've had at the party and the DJ was entertaining and accommodating (better than that musically-deranged amateur they use to get every year :-). All musical tastes were catered for, with the heavy-metal Metallica phase of the night proving a real crowd pleaser. My personal highlight was when Brian, Mel, Simon, James, Martin and I relived the glory days of our trip to Italy by doing the YMCA. Little did we know our antics would be captured on YouTube and that it would propel us to Xmas No. 1

stardom as the sensational new boy-band, "The G.Ps".

As the night grew wilder, we watched Vinny with baited breath to witness the Return of the Belt. As revealed in a previous issue of *The Hillwalker*, Vinny had announced his retirement from performance art, but egged on by Mick he was dangerously close to returning to his forte. However, with a touch of artistic genius he blew away the crowd with a mimed performance of the belt routine!!! No belt, just metaphysical gestures and mastery of the dancefloor. Dave and Tom followed with an air-guitar ensemble, whilst Mick twirled ladies left and right and reached at least five on the Buttonmeter. Udo and Paul rounded off the nights entertainment with guitar playing in the hostel, adding a new chapter to the legendary Glendalough Kitchen Sessions (available now on iTunes). Next morning those with energy joined Philip on another hike, though I was content to head early in Keane Taxis. Our thanks to the hike leaders and all credit to the Committee for a relaxed, well organised event.



Just add mistletoe!
Photo: Warren Lawless

Post-script: the Health & Safety Authority are conducting an investigation into how one hiker got an electric shock when he switched on a light on the bus back. Well maybe there was no electricity involved but he definitely got a shock. Be careful out there!

Holly Hike

(18 December 2011)



Our glorious leader



Frank



Santa Philip

Photos: Warren Lawless

New Year's Day Hike

(01 January 2012)



Photo: Anne-Marie Keogh

Organic (biodegradable) waste on the Hills

I have noticed over the years that a lot of people who wouldn't normally dream of dropping litter think its fine to drop biodegradable waste on the hills. They don't realise that things like banana skins and orange peel can damage the sensitive upland environment. For example, bananas have a lot of potassium in their skins, which can change the soil composition. They also take a long time to break down in the colder mountain environment and can take up two years to fully decompose.

Apart from the damage organic waste can cause to the environment, it also looks unsightly and encourages other people to drop litter. Imagine, if everyone who had lunch on Lugnaguilla left one or two pieces of organic waste behind the place would be blitzed! So, please take the *leave no trace* approach, which means if you carry something up the hill, you should take it back down.

Patricia Goodman
An Óige Environmental Committee

Dingle Walking Festival

The Annual Dingle Walking Festival takes place over the 18th & 19th February 2012. Three walks will take place each day to suit all levels of fitness.

Cost per walk is €15 which includes packed lunch and transportation. Registration takes place each morning in Danno's Bar and Restaurant, Strand Street visit : <http://dinglewalkingfestival.com/walk-hq/>.

For more information, visit <http://dinglewalkingfestival.com/>. Alternatively you can contact Colm Bambury directly by telephone at +353 87 222 2248 or email at dinglewalkingfestival@gmail.com

This year the Dingle Walking Festival invites participants to raise funds for the Mark Pollock Trust. For more information on this charity visit <http://dinglewalkingfestival.com/charity/>

Committee 2011/12

| | |
|----------------------------------|-----------------|
| <i>Chairman</i> | Dónal Finn |
| <i>Secretary/Project Support</i> | Bill Fine |
| <i>Treasurer</i> | Jim Barry |
| <i>Sunday Hikes Coordinator</i> | Frank Rooney |
| <i>Weekend Coordinator</i> | <i>Vacant</i> |
| <i>Training Officer</i> | Dónal Finn |
| <i>Membership Secretary</i> | Don Reilly |
| <i>Club Promoter</i> | Barbara Monahan |
| <i>Newsletter Editor</i> | Simon More |
| <i>Webmaster</i> | Matt Geraghty |

Special thanks to:

An Óige Hillwalkers Club

An Óige Hillwalkers Club

Easter Weekend 2012

Thursday 05 - Monday 09 April 2012

Visit to the Beautiful Scenic Lake District County of Cumbria, Northwest England

Ambleside Youth Hostel, Waterhead, Cumbria, England

Moderate/Hard lead Walks
Low Level Walkers Facilitated

Hard, Moderate & Easy Walks Daily

Leaders: Jim Barry & Tom Kenny

Boat and Bus Trip Only

Proposed Weekend Itinerary:

- ✓ **North Western Fells:** Cat Bells (G.R.244199) Dale head (G.R.223153)
- ✓ **Western Fells:** Great Gable (G.R.211103)/Red Pike (G.R.161154)
- ✓ **Southern Fells:** Old Man of Coniston (G.R.272978)
- ✓ Low level walkers facilitated at each of the above locations
- ✓ UK Ordnance Survey Map: Landranger Series 89

Notes

Hostel accommodation: Ambleside Youth Hostel, Waterhead, Ambleside, Cumbria, England

Cost: EUR 360 (Includes Bednights, Meals, and Transport)

Booking: EUR 360 FULL NON REFUNDABLE PAYMENT ONLY (CHEQUE OR POSTAL ORDER ONLY, NO CASH) made out to: 'An Óige Hillwalkers Club' C/O Jim Barry, 156 Comeragh Road, Drimnagh, Dublin 12. Phone: 087 2737338 or 01 4556455 (evenings only). Please include Full Name, Full Home Address, email Address, Phone Number, An Óige Membership No. with payment.

Meals: Hostel Breakfast, Dinner and Packed Lunch included in the price

Food: as above - stopping at local shops for extras if required.

Bring: Sterling Currency, Suitable Walking Boots, Rain Wear/Change of Warm Clothing/Towels/Toilet Gear/ Flask/Torch/ First Aid Kit/ Camera etc.

Meeting Place/Time: Ulster Bank, George's Quay, beside Tara Street

Railway Station, at 7am sharp when coach will be departing for Dublin Port.

Departure: Holy Thursday from Dublin Port to Holyhead – Morning sailing time 0800 hrs. Boarding at 0730 hrs.

Return: Monday evening from Holyhead. Ferry time to be confirmed.

Welcome Aboard



Membership Application Form

An Óige Hillwalkers 2011/12

Name (Applicants must be over 18)

Address

Were you a member before? Yes, last year Yes, some time ago No

New members: How did you hear about the club?

An Óige Membership Number (Applicants must be a member of An Óige)

[Further information at <http://www.anoige.ie/membership>]

Contact Telephone Numbers (optional)

Daytime Evening Mobile

Email Address (required)

The Club issues a regular newsletter by email. The newsletter is also available through the Club webpage [<http://www.hillwalkersclub.com>].

Please read and sign the following PERSONAL DECLARATION

PERSONAL DECLARATION

I am over 18 years of age and wish to apply for membership of An Óige Hillwalkers Club. (*)

(*) Please note that personal accident insurance is only available to members between 18 and 75 years of age.

I accept that mountaineering is an activity with a danger of personal injury or even death.

I am aware of and shall accept these risks and wish to participate in these activities voluntarily and shall be responsible for my own actions and involvement.

I accept that An Óige Hillwalkers Club establishes the bounds on its activities through the constitution and rules of the club [available at www.hillwalkersclub.com/constitution.htm] and I agree to abide by these.

Members should not undertake any club hiking activities if:

- (i) they have any known medical ailment which may impair their ability to participate in club activities or
- (ii) they are taking any form of medication that will put their health or safety of others at risk.

If a member is in any doubt on these matters, a doctor should be consulted prior to undertaking any club hiking activity.

If you agree and accept the terms of the PERSONAL DECLARATION, please sign and date here.

Signature Date

The 2011/12 membership year runs from 01 October 2011 to 20 September 2012

2011/12 Membership Fee €35.00

Please send this form with the membership application fee (cheque or postal order only, payable to An Óige Hillwalkers Club) to Don Reilly, Dunany, Santry, Dublin 9. Please allow two weeks for processing of the membership application.

NB: PLEASE DO NOT SEND YOUR APPLICATION BY REGISTERED POST!

An Óige Hillwalkers Club Club Constitution

1 CLUB NAME

1.1 The name of the club shall be "An Óige Hillwalkers Club", hereafter referred to as "the club".

2 CLUB MANAGEMENT

2.1 The management of the affairs of the club shall be entrusted to a committee, hereafter referred to as "the committee".

3 CLUB OBJECTIVES

3.1 To organise hillwalking and related activities.

4 CLUB ETHOS AND PRINCIPLES

4.1 To act in the best interest of members by organising hillwalking and related activities that retain the support of members.

4.2 To promote best practice in its hillwalking and related activities.

4.3 To continuously develop and benchmark its activities.

4.4 To foster club membership.

4.5 To maintain a satisfactory monetary surplus to run the activities of the club.

4.6 To support other organisations concerned with hillwalking and related activities.

4.7 To promote awareness of the need to maintain access, conservation and protection of the mountain environment.

4.8 To maintain its special relationship with An Óige, the Irish Youth Hostel Association, by supporting An Óige.

5 MEMBERSHIP OF THE CLUB

5.1 Membership of the club shall only be open to individuals over 18 years and who are members of An Óige.

5.2 The committee shall set an annual subscription for the purpose of membership.

5.3 Membership of the club shall only be open to individuals who accept that hillwalking is an activity with a possibility of personal injury or even death. Members shall be aware of and accept these risks, wish to participate in these activities voluntarily and shall be responsible for their own actions and involvement.

5.4 Members shall accept that hillwalking is an activity that requires a certain level of physical fitness. It is the responsibility of a member to be in good medical health, so as to be able to undertake hiking activities as outlined in the club programme or proposed by the hike leader.

5.5 Members should not undertake any club hiking activities if: (i) they have any known medical ailment which may impair their ability to participate in club activities or (ii) if they are taking any form of medication that will put their health or the safety of others at risk. If a member is in any doubt on these matters, a doctor should be consulted prior to undertaking any club activity.

5.6 Admission of new members shall be at the discretion of the committee.

5.7 The committee can suspend or expel any club member who by a decision of the committee is guilty of conduct prejudicial to the club. If in the opinion of the committee, the conduct of any member of the club shall warrant such a course, it shall have the power to immediately suspend such a member and to request an explanation for such conduct. Should an explanation not be forthcoming within four weeks or should an explanation not prove satisfactory, the committee will expel such a member from the club.

6 CLUB COMMITTEE

6.1 The club committee shall consist of a Chairperson, a Club Secretary and a Treasurer, plus some or all of the following positions: a Programme Editor, a Membership Secretary, a Sunday Hike Co-ordinator, a Weekend/Holiday Co-ordinator, a Training Co-ordinator, a Social Co-ordinator and/or a Club Promoter. The committee will decide the committee positions and may add/remove/combine these or new positions as required.

6.2 The committee shall normally meet on a monthly basis to organise the activities of the club. The quorum for any committee meeting shall be at least four committee members.

6.3 In the event of a vacancy arising or being identified within the committee, the committee may temporarily co-opt a club member until the next AGM/EGM.

6.4 The committee may invite observers to attend a committee meeting. Such observers will not have the right to vote on committee decisions.

6.5 The committee shall have the discretion to: (i) engage members to assist with club activities, (ii) establish sub-committees as required. Any such sub-committee shall act only through and with the authority of the committee.

6.6 All decisions of the committee shall if possible be made by consensus or if required by a simple majority vote.

6.7 All committee members shall have one vote. In the case of a tied vote, the Chairperson or his/her deputy shall have a casting vote.

6.8 The first meeting of the committee shall be held within four weeks of the AGM. At that meeting, the committee shall: (i) select a chairperson from the incoming committee members, (ii) agree responsibilities/roles amongst the committee members.

7 ANNUAL GENERAL MEETING (AGM) / EXTRAORDINARY GENERAL MEETING (EGM)

7.1 An AGM shall be held once per year, of which notice shall be given to members at least two newsletters prior to the meeting.

7.2 The AGM agenda shall be published in the club newsletter preceding the meeting.

7.3 The outgoing committee shall specify in the AGM agenda the number of places on the committee for the incoming year.

7.4 A member may have a motion added to the AGM agenda, provided written notice of the motion is received by the Club Secretary two weeks prior to the AGM.

7.5 An EGM may be convened by the committee or on the basis of a written request to the Club Secretary by at least twenty five members.

Notice of an EGM and its agenda should be published at least one newsletter prior to the EGM.

7.6 The quorum for an AGM/EGM shall be fifteen members.

7.7 Voting at an AGM/EGM shall be by simple majority save where otherwise provided by the constitution.

8 ELECTIONS TO COMMITTEE

8.1 The election of the incoming committee shall take place at the AGM. Only club members shall be eligible to be nominated as committee members or to vote in any election procedure.

8.2 One newsletter prior to the AGM, members will be invited in the newsletter to nominate themselves for election to the committee.

8.3 All nominees for election to the committee must have the written support of two other club members in the form of a proposer and a seconder. Nominations should be communicated to the Club Secretary in writing at least two weeks prior to the AGM for inclusion in the AGM agenda. The list of nominated candidates with supporters shall be published in the AGM agenda.

8.4 The outgoing Chairperson will be returned as an Acting Chairperson until the first meeting of the new committee. In the event that the outgoing Chairperson is standing down, then a temporary Chairperson will be selected by the AGM to organise the first meeting of the new committee.

8.5 If the number of nominees is greater than the incoming committee size, then an election to the committee will be held. Members can vote for their nominees of choice by a simple vote up to the committee size. Nominees will be deemed elected in order of vote returned until the committee is filled. If the number of nominees is less than the incoming committee size, then all nominees will be deemed elected without a vote.

8.6 Should any situation arise which renders the holding of a committee election not possible at the AGM, the outgoing committee shall make arrangements for re-scheduling of the election at an EGM within one month of the AGM.

8.7 The committee will serve for a period of one year.

9 RESPONSIBILITIES OF THE CLUB COMMITTEE

9.1 The Chairperson will be responsible for: (i) chairing committee meetings. In his/her absence, another committee member may deputise. (ii) setting dates for regular committee meetings, (iii) preparing in advance the agenda for committee meetings, (iv) fostering initiatives and furthering development within the club through consultation with members of the club, (v) establishing club policies and practices by consensus with the committee.

9.2 The Club Secretary shall be responsible for: (i) receiving and formulating of correspondence relating to club affairs, (ii) recording all decisions taken at regular meetings of the committee, (iii) producing and distributing of minutes from those meetings.

9.3 The Treasurer shall be responsible for: (i) the financial affairs of the club, (ii) maintaining an up-to-date financial record for presentation at all committee meetings, (iii) producing an annual financial statement of the club, (iv) reporting this statement to the AGM.

9.4 The Programme Editor shall be responsible for, (i) producing a regular newsletter, (ii) organising distribution of the club newsletter, (iii) co-ordinating the management of the club internet presence.

9.5 The Membership Secretary shall be responsible for: (i) receiving and processing membership applications, (ii) maintaining an up-to-date database of members, (iii) informing the club insurers of the membership status of the club on a regular basis.

9.6 The Sunday Hike Co-ordinator shall be responsible for: (i) organising Sunday hikes throughout the year, (ii) maintaining a database of potential hike leaders, (iii) ensuring that acceptable practices are maintained for all aspects of the hike programme.

9.7 The Training Co-ordinator shall be responsible for organising all matters relating to training within the club.

9.8 The Weekend/Holiday Co-ordinator shall be responsible for coordinating all weekend or holiday events organised by the club.

9.9 The Social Co-ordinator shall be responsible for coordinating social events organised by the club.

9.10 The Club Promoter shall be responsible for promoting the activities of the club as well as responding to general enquiries.

10 GUIDELINES OF THE CLUB

10.1 The committee may from time to time amend the club guidelines, as necessary for the management and well-being of the club.

10.2 These guidelines shall not be inconsistent with this constitution.

10.3 All members shall abide by the club guidelines.

11 AMENDMENTS TO THE CLUB CONSTITUTION

11.1 Amendments to the club constitution may be proposed by any member at a club AGM/EGM.

11.2 Notice of the proposed amendment must be given in writing to the Club Secretary at least two weeks prior to the AGM for inclusion in the AGM/EGM agenda.

11.3 The amendment will be deemed carried if a two-thirds majority of members present at the AGM/EGM supports the amendment.

12 CLUB DISSOLUTION

12.1 The club can be dissolved by a two-thirds majority vote carried at an AGM/ EGM, whereupon the outgoing committee will arrange to discharge any assets to An Óige, the Irish Youth Hostel Association.

**Adopted at 2010 AGM
12th November, 2010.**